**Snowshoeing Rocky Mountain National Park (RMNP)**

CAMPUS RECREATION
COLORADO STATE UNIVERSITY

**Information Sheet**
*All Sessions*

## Program Description

Step into the silence and beauty of winter on a winter day hike through Rocky Mountain National Park. Join Outdoor Programs (OP) for a snowshoe or micro-spike day hike in Rocky Mountain National Park and learn essential cold-weather hiking skills, including trail awareness, layering, and winter safety. Open to all levels, this trip is guided by OP Instructors and includes transportation, entrance fees, equipment and instruction.

## Registration Required

Students must register online before the start of the program. Registration fees cover transportation, all necessary equipment, instruction, entrance passes and permits, etc. If a program is full, students may join the waitlist by registering in-person at the Service Center front desk of the Student Recreation Center.

Register online at https://purchases.csurec.colostate.edu/

## Required Pre-Trip Meeting

After registering, student participants will be sent an email confirming their registration. This email will also contain the location, date, and time of the required Pre-Trip Meeting. Attendance at the Pre-Trip Meeting is required for participation on the program. If you are unable to attend your pre-trip meeting, please contact us as soon as possible.

During the meeting students will:

- Meet Outdoor Programs Instructors leading program
- Meet the other participants
- Review trip logistics (meet time & location, travel questions, overview of the day/itinerary, end time, etc.)
- Introduce, familiarize, and fit equipment provided by Outdoor Programs
- Review equipment that students are responsible for bringing
- Review trip policies, documents, etc.
- Questions and Discussion

## General Program Policies

All Outdoor Programs activities are considered Campus Recreation activities and all Campus Recreation policies related to program participation and facility use and access. More information regarding Campus Recreation's policies for our programs, services, and facilities can be found here.

## Refund Policy

Outdoor Programs registration fees are refundable **24-hours** after your purchase and are subject to a $5.00 processing fee. Participants must request a refund within 24-hours after purchase to be eligible for a refund. Refund requests can be submitted at the Service Center or by emailing csurec@colostate.edu

## Equipment

This list details equipment provided by the Outdoor Programs and equipment that student participants are responsible for securing themselves. If you have questions regarding what to bring, or what is provided please contact us as soon as possible. Personal equipment is acceptable and is subject to approval by Outdoor Program staff.

| Equipment provided | Equipment Participants Are Responsible |
|---|---|

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| by the Outdoor Programs | for Securing |
|---|---|
| • Snowshoes<br>• Trekking Poles<br>• Micro-Spikes (if needed)<br>• 30L day pack<br>• RMNP Entrance Pass/Fee | • Base Layers – lightweight long underwear top & bottom – NO COTTON, wool or synthetic only<br>• Ski Jacket / Shell Jacket<br>• Ski Pants / Softshell Pants<br>• Fleece Sweater or Similar<br>• Hat(s) (insulating, stocking cap)<br>• Closed-toed shoes<br>• Ski Socks or Long Wool Socks<br>• Gloves (2 Pair – one light, one heavier)<br>• Hat (with visor or stocking cap if colder)<br>• Facemask/Buff/Neck Gaiter<br>• Personal Food for Activity<br>• Water bottles (2 one-liter, consider insulated)<br>• Sunscreen<br>• Lip balm w/SPF sun protection<br>• Sunglasses |

**Inclusivity**
Outdoor Programs is dedicated to creating a space that celebrates, supports, and affirms all Rams, from all backgrounds, abilities, and fitness levels. All participants and staff are expected to adhere to Colorado State University's Principles of Community while involved in Outdoor Programs trips, classes, and events. For more information on Campus Recreation's inclusivity efforts, please visit the Campus Recreation website.

**Accommodations**
Outdoor Programs is dedicated to creating a welcoming and inclusive environment for all students and participants. Our goal is to provide support, assistance, and accommodations whenever possible to allow everyone to participate in Outdoor Programs activities.

Please contact Andy Nelson, Assistant Director of Outdoor Programs at Andy.Nelson@colostate.edu at the time of your registration with any questions, concerns, or requests for accommodation for any Outdoor Programs activity.

**Questions?**
Have question about this trip or other Outdoor Programs activities or need to contact us about your trip? Email CampusRec_OP@mail.colostate.edu