CAMPUS RECREATION
COLORADO STATE UNIVERSITY

Intro to Rock Climbing Information Sheet

All Sections

Program Description

Take your first step into the world of rock climbing with Outdoor Programs (OP). Learn critical skills such as proper gear usage, knot tying, and belaying from knowledgeable instructors in a safe, structured setting. Discover the thrill of reaching the top, gain new skills, and feel the rush of adventure—this is where your climbing journey begins! Registration includes transportation, equipment, and instruction.

Registration Required

Students must register online before the start of the program. Registration fees cover transportation, all necessary equipment, instruction, permits, etc. If a program is full, students may join the waitlist by registering in-person at the Service Center front desk of the Student Recreation Center.

Register online at https://purchases.csurec.colostate.edu/

Pre-Trip Meeting

After registering, student participants will be sent an email confirming their registration. This email will also contain the location, date, and time of the Pre-Trip Meeting. Attendance at the Pre-Trip Meeting is required for participation.

During the meeting students will:

- Meet their Outdoor Programs Instructors
- Meet the other students participating
- Review trip logistics (meet time & location, travel questions, overview of the day/itinerary, end time, etc.)
- Introduce, familiarize, and fit equipment provided by Outdoor Programs
- Review equipment that students are responsible for bringing
- Review trip policies, documents, etc.
- Questions and Discussion

If you are unable to attend your pre-trip meeting, please contact us as soon as possible.

Refund Policy

Outdoor Programs registration fees are refundable **24-hours** after your purchase and are subject to a $5.00 processing fee. Participants must request a refund within 24-hours after purchase to be eligible for a refund. Refund requests can be submitted at the Service Center or by emailing csurec@colostate.edu

General Program Policies

All Outdoor Programs activities are considered Campus Recreation activities, and all Campus Recreation policies related to program participation and facility use and access. More information regarding Campus Recreation's policies for our programs, services, and facilities can be found here.

Equipment

This list details equipment provided by the Outdoor Programs and equipment that student participants are responsible for securing themselves. If you have questions regarding what to bring, or what is provided please contact us as soon as possible. Personal equipment is acceptable and is subject to approval by Outdoor Programs staff.

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Equipment provided by the Outdoor Programs	Equipment Participants Are Responsible for Securing
Rock Climbing Shoes Rock Climbing Harness Rock Climbing Helmet Belay Device & Locking Carabiner Chalk bag Brushes Tape Daypack (optional)	Closed-toed shoes Appropriate clothing depending on weather (rain jacket, insulating jacket, etc.) Hat (with visor or stocking cap if colder) Light gloves (optional) Personal Food for Activity Water bottles (2 one-liter) Sunscreen Lip balm w/SPF sun protection Sunglasses Daypack

Drugs, Alcohol, and Tobacco:
Use of drug, alcohol, and tobacco products are not permitted on Outdoor Programs facilities or program activities. Students and participants identified as impaired will be removed from Outdoor Programs facilities or program activities.

Accommodations
The Outdoor Programs is dedicated to creating a welcoming and inclusive environment for all students and participants. Our goal is to provide support, assistance, and accommodations whenever possible to allow everyone to participate in Outdoor Programs activities. Please contact Andy Nelson, Assistant Director of Outdoor Programs at Andy.Nelson@colostate.edu at the time of your registration with any questions, concerns, or requests for accommodation for any Outdoor Programs activity.

Questions?
Have question about this trip or other Outdoor Programs activities or need to contact us about your trip? Email CampusRec_OP@mail.colostate.edu