



# BECOME A PERSONAL TRAINER! PFT INSTRUCTOR COURSE

- Feb 11- April 24th

- Mondays & Wednesdays -- 5:30 - 7:00 pm

- All classes meet at the Student Rec Center, Meeting Room A

- \$189.00 - *includes books & training material*

*\*this does not include the exam fee*

Get the training you need to become an ACE certified personal trainer. Learn the skills necessary to help clients achieve their goals. This course prepares you to take the American Council on Exercise (ACE) national certification exam and the next step to becoming a Personal Trainer at Campus Recreation.

- REGISTRATION OPENS JANUARY 22 & CLOSSES FEBRUARY 11 @ 9PM

- SIGN UP AT THE SERVICE CENTER OR ONLINE & KICKSTART YOUR CAREER IN PERSONAL TRAINING!



CAMPUS RECREATION  
COLORADO STATE UNIVERSITY

An equal access and equal opportunity university.

