Campus Recreation actively promotes the pursuit of a balanced, healthy lifestyle to a diverse university community.
### Campus Recreation

- **301** Campus Recreation student employees
- **sixty** Outdoor Program trips, clinics, and events held each year
- **recoftheweek**
  
  Our facility continues to gain national recognition from publications like *Men’s Health* and *Campus Rec Magazine*, the latter of which named us a "Rec of the Week"

- **1,200** athletes participate in 30 competitive Sport Clubs each year
- **11,500** indoor basketballs are checked out each semester
- **11,500** different types of massage therapy modalities available

### Key Figures

- **126,720** # of minutes clients worked out with our certified Personal Trainers in 2015
- **5,800** individuals competed in over 3,400 Intramural Sports games and events in 2015

### Intramural Statistics

- **601,358** swipes into the Rec in 2015
- **1,200 Intramural Champion t-shirts** are awarded each year
- **$11$ different types of fitness classes** each semester from battle ropes to yoga
- **Over 600** students were certified through our American Red Cross courses in 2015

### Additional Information

- **The Equine Polo and Climbing Sport Club teams won National Championships in 2015**

### Outdoor Program

- **$100$** different types of fitness classes each semester from battle ropes to yoga
- **$400$** students were certified through our American Red Cross courses in 2015
Campus Recreation encompasses Intramural Sports, Sport Clubs, Fitness, Aquatics, the Student Rec Center, and the Outdoor Program.

Services offered include massage therapy, locker, towel, and equipment rentals, drop-in activities, personal training, American Red Cross certification courses, swim lessons, and more.

Memberships

Students paying full student fees for the current term are provided a membership which allows entrance into the Student Rec Center, as well as access to programs and services. Memberships are available to part-time students, faculty, staff, CSU affiliates, and their spouses/partners and more information about types, prices, and dates available can be found on our website.
To best prepare our staff in the case of an emergency, we perform practice emergency scenarios throughout the Student Recreation Center. In 2015, we performed over 200 of these safety audits.

Funded entirely by student fees, the Student Rec Center features an aquatic center with a current channel, four lap lanes, open swim area, spa, sauna, and steam room, a climbing wall with 55 linear feet of bouldering and two free-standing towers for roped climbing, 24,000 square feet of cardio and weight fitness area, a cycling studio, mat room, yoga studio, two studios for group fit classes, a main gym with four courts circled by a 1/8 mile track on the second story, and a Multi-Activity Court (MAC) Gym.

The Student Rec Center also houses several locker rooms, including a gender inclusive locker room, rentable lockers, gender inclusive restrooms, braille on a variety of equipment, lactation rooms for nursing mothers, and more.
Contact Numbers

Service Center Desk (970) 491-6359
Aquatics (970) 491-2143
Drop-in (970) 491-6359 (press 9)
Employment Inquires (970) 491-6359
Equipment Desk (970) 491-3085
Facility Scheduling (970) 491-5407
Fitness (970) 491-3319
Intramural Sports (970) 491-6671
Marketing (970) 491-1510
Massages (970) 491-6359 (press 9)
Member Services (970) 491-6359
Outdoor Program (970) 491-1669
Sport Clubs (970) 491-3793

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Facebook: CSUCampusRec
Twitter: CSURec
Instagram: csurec
YouTube: ColoStateCampusRec

Download our app! Search "Colorado State University Campus Recreation"

Like emails? Visit our website and click "Sign-Up for Our Newsletter!"

Campus Recreation
8027 Campus Delivery
Fort Collins, CO 80523-8027

Physical address: 951 Meridian Ave

The Student Recreation Center is home to the largest solar panel installation on campus, generating an average of 1,940 kilowatt hours of electricity daily!