# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professional Staff</td>
<td>3</td>
</tr>
<tr>
<td>Collaborations</td>
<td>4</td>
</tr>
<tr>
<td>Student Staff</td>
<td>5</td>
</tr>
<tr>
<td>Programs</td>
<td>6</td>
</tr>
<tr>
<td>Facilities</td>
<td>7</td>
</tr>
<tr>
<td>Quick Facts</td>
<td>8</td>
</tr>
<tr>
<td>Service</td>
<td>9</td>
</tr>
<tr>
<td>Community</td>
<td>10</td>
</tr>
<tr>
<td>Strategic Plan</td>
<td>11</td>
</tr>
<tr>
<td>Program Review</td>
<td>11</td>
</tr>
<tr>
<td>Honors &amp; Awards</td>
<td>12</td>
</tr>
<tr>
<td>Participation</td>
<td>13</td>
</tr>
<tr>
<td>Budget</td>
<td>14</td>
</tr>
<tr>
<td>CRAB</td>
<td>14</td>
</tr>
</tbody>
</table>
VISION

Campus Recreation actively promotes the pursuit of a balanced, healthy lifestyle to a diverse university community.

MISSION

Campus Recreation strives to be a benchmark recreational program:

- by providing diverse programs, quality venues, experiential learning, co-curricular opportunities, and exceptional service through the development of self and encouragement of social responsibility that fosters positive contributors to the university and global community
- through demonstration of respect for talents, abilities, cultures, and shared ideas
- by providing a healthy, progressive, and safe environment that nurtures positive behaviors through intentional planning that promotes development and leadership opportunities
- by initiating and participating in collaborative efforts that enhance the stewardship of resources

VALUES

Our integrity lies in trusting each other to maintain high standards in all we do.

Our community is united through a common vision and shared experiences while respecting and supporting one another.

We develop individuals through education and teachable moments while guiding the sustainable growth of others and ourselves.
**New Staff**

Cindy Tse started as the Assistant Director of Sport Clubs with Colorado State University Campus Recreation in August 2017. Cindy had most recently worked in competitive sports at the University of Nebraska Omaha.

Ryan MacTaggart started as the Interim Fitness Coordinator, serving in the role at 60% of full-time. Ryan had served in numerous prior student positions for Campus Recreation and was enrolled as a doctoral student at Colorado State University.

Catherine Jensen started as a full-time Accounting Tech II with Colorado State University Campus Recreation in August 2017. Catherine served as a Customer Service, Administrative Assistant II at Colorado State University Parking Services.

Kaesha Kaimiola-DeCosta started as a full-time Accounting Tech II with Colorado State University Campus Recreation in January 2018. Kaesha came from the Prospect Hilton Hotel Accounting Department.

Cody Frye started as the Executive Director with Colorado State University Campus Recreation in June 2018. Cody previously served as the Director, Associate Director, and Assistant Director of Campus Recreation at Colorado State University.

Taylor Sidore started as the full-time Fitness Coordinator with Colorado State University Campus Recreation in June 2018. Taylor previously served as a Graduate Assistant at the University of Nebraska.
Campus Rec strives to be a partner within the Division of Student Affairs, the University, the local community, and our national organizations/associations. Below are some of the offices and organizations we partnered with during 2017-2018 to share our time, talent, and passion for creating amazing experiences for all of our stakeholders.

**Division**
- Asian Pacific American Cultural Center
- Black African American Cultural Center
- Conference and Event Services
- Housing and Dining Services
- Orientation and Transition Programs
- Ram Events
- Residence Life
- SLiCE
- Women and Gender Advocacy Center

**University**
- Alumni Association
- Athletics
- College of Business
- CSU Football Team
- CSU Global
- CSU Police Department
- CSU Volleyball Team
- Environmental Health and Safety
- Facilities Management
- Health and Exercise Science
- Kendall Raegan Nutrition Center
- Occupational Therapy Program
- Osher Institute
- Period Products Task Force
- Army ROTC
- Student American Veterinarian Medical Association (SAVMA) Organization
- University Scheduling Office
- Visiting Scholars Program

**Community/Other**
- Associates in Family Medicine - CSU Health and Medical Center
- Colorado Knowledge Bowl
- Columbine Health - CSU Health and Medical Center
- Fortitude Run
- Gold Crown Youth Basketball
- NIRSA: Leaders in Collegiate Recreation
- Orthopedic Center of the Rockies
Eric Jones, Intramural Official, represented the Department at the National Intramural Recreational Sports Association’s Region IV Flag Football Tournament in Lincoln, NE.

Theo Beck, Intramural Manager, represented the Department at the National Intramural Recreational Sports Association’s Region IV Basketball Tournament in Lincoln, NE.

The Employee Appreciation Committee held the 2nd annual Homecoming Student Staff Alumni Reception in October 2017, which brought approximately 45 former student employees back to the Student Recreation Center. The primary goal of this event was to reconnect former employees to the department in hopes of fostering stronger relationships with alumni and keep them updated on the program, facility, and staff changes since they’ve graduated.

Annually at the end of the spring semester, we host The Rec’ies – an event at which we recognize all of the amazing part-time student and non-student hourly staff who help make our programs, facilities, and services operate.

Jessica Johnson, Fiscal, received the Rookie of the Year award.

Rachel Cordozo, Facilities and Marketing, received the Outstanding Leadership award.

Jimmy Rhodes, Intramural Sports, received the Exceptional Customer service award.

Kristyn Duffy, Recreation Supervisor, received the David Karspeck Risk Management award.

John Bacovcin, Climbing Wall, received the 2018 Campus Recreation award.
Intramural Sports implemented two new events during FY18: archery and pickleball. Archery was chosen based on feedback from a survey about adaptive recreation needs among Colorado State University students.

Nine Colorado State University students and two Campus Recreation staff members participated in a high altitude mountaineering expedition to Ecuador during winter break 2018. The expedition goals included two lower peaks for acclimatization and two major volcanoes (Cayambe and Chimborazo) for peak ascents. The students were 100% successful in these ascents as well as participating in numerous cross-cultural experiences. The expedition preparation included collaboration with the Office of International Programs (cultural and safety topics) and the CSU Health Network (health and travel topics) in addition to significant outdoor training on glacier travel, mountaineering, and expedition behavior.

A new program, Vamos Outdoors, was created by a student employee of the Outdoor Program. The purpose of the new program was to provide outdoor adventure opportunities to the Latinx community. Three different trips were offered during FY18 including camping, snowshoeing and rock climbing.

Intramural Sports hosted a series of unified basketball, flag football, dodgeball, and kickball games partnering students with Special Olympic athletes from the Fort Collins community and the on campus student organization Special Olympics College.

The Aquatics program certified 338 students in CPR, First Aid, Lifeguard, and/or Lifeguard Instructor Training in FY18. The participants indicated the following as their top reasons for becoming certified: 46% needed the training to be hired for a new, part-time job; 18% had a personal desire to be certified; 18% needed the training to stay employed at a current part-time job; and 11% needed it for an academic course or internship experience.
The new weight room opened in January 2018. In order to introduce the space to the CSU Community, the Communications staff hosted a Grand Opening event on January 19, 2018 which included giveaways, information about new policies in the space, a time lapse video display of the construction, and more.

- The total project cost was $1.5 million with another $161,000 for equipment.
- This area added over 4,000 square feet of additional space for weight training.
- The new weight room was designed and configured to match the existing weight room and cardio areas currently in the facility to allow consistency throughout the building, as well as multiple large windows to maximize natural light in the space.
- The space is the first area of the facility where Olympic lifting is allowed.
- Personal Trainers were on site to give free demos and fitness advice. A total of 375 community members and students attended the event.

Numerous facility and equipment projects were conducted in FY18 in order to improve the department’s ability to operate facilities, services, and programs. Those projects include:

- adding wireless access points to provide coverage on the outdoor fields
- implementing a tablet at the Service Center to capture electronic signatures and reduce paper waste
- replacing nearly 100 cardio machines in the fitness center and upgrading the sound system in a fitness studio
- lighting outdoor fields 10 / 11
- remodeling an exterior building to improve sport club/intramural operations as well as athletic training services
EVENT BOOKINGS AMONG registered Student Organizations

155

1,983 hours of community service performed by Sport Clubs

1,031 audits conducted in FY18 with various Campus Recreation student staff to ensure they are prepared to respond to emergencies, address policy violations, and provide customer service. CPR, AED, first aid, aquatic rescues, policies, procedures, customer service

CPR, AED, first aid, aquatic rescues, policies, procedures, customer service

1,983 hours of community service performed by Sport Clubs

14,183 Instagram likes in FY18

37 Registered Student Organizations

129 Instagram posts in FY18

29 community groups

48 Colorado State University groups

$11,104 across 58 allocations from the David Karspeck Memorial Fund and the Student Staff Development Fund to support professional development for student employees.

14,719 contact hours of training for student employees, including new employee onboarding, weekly trainings, monthly in-services, and seasonal trainings.

921 evaluations of student employees performed during FY18 covered topics such as communication, conflict management, leadership, interpersonal skills, job knowledge, and more.
The Colorado State University Campus Recreation Service Committee collaborated with the City of Fort Collins to Adopt-A-Street. The section the department cleans is Shields Street from Mulberry Street to Prospect Road. Campus Recreation has two adopt-a-street dedication signs, one on the corner of Shields and Mulberry and the second one on the corner of Shields and Prospect recognizing the department for helping keep the city clean.

October 21, 2017: 17 total volunteers    May 5, 2018: 10 total volunteers

The Colorado State University Campus Recreation Service Committee collaborated with Colorado State University’s Fostering Success Program to put on an annual giving event called Warm a Winter Wish during November and December 2017. The event requests donation of gift cards in the $20 range for businesses where students in need can purchase groceries, clothing, and/or household items, e.g. Target, King Soopers, Walmart. The Service Committee creates snowflakes for each donator recognizing their contribution. The campus community is called on to help these students in need and fulfill their holiday wishes and emergency needs. The event resulted in $735 in gift cards donated.
The Colorado State University Campus Recreation serves our community with involvement by our staff in these areas:

**Division of Student Affairs**
- Onboarding Committee
- Pride Resource Center Safe Zone Facilitator
- Annual Awards and Recognition Celebration
- TimeClock Plus Committee
- Housing and Dining Services On-Campus Housing Restructuring Task Force
- Visioning Committee
- Internationalization 2.0 Work Group
- Communications Committee
- Free Speech Forums Committee
- Tech Committee
- Web Support Task Force
- Assessment Steering Committee
- Multicultural Competencies Committee
- Student Resolution Center Conduct Investigation Team
- Hazing Prevention Workgroup

**University**
- Body Acceptance Week Committee
- Campus Administrative Processes Advisory Committee
- Stadium Game Day Experience Committee
- Colorado Combined Campaign Committee
- Campus Bike Advisory Committee
- Special Events Advisory Group

**Associations**
- National Outdoor Book Foundation (Secretary)
- Association of Outdoor Recreation and Education (AORE) Access and Permitting Committee (Chair)

**NIRSA**
- 2018 NIRSA Annual Conference Host Committee
- NIRSA Foundation, Legacy Society (Chair)
- NIRSA Assembly
- 2018 NIRSA Region V Basketball Tournament Officials Committee
- 2017 NIRSA Region V Flag Football Tournament Officials Committee
- 2017-2018 NIRSA Research and Assessment Committee (Consultant)
- NIRSA Equity, Diversity, and Inclusion Commission
- NIRSA National Championship Series

Our staff also supported 13 search committees within the department, DSA, and University.
FY 17-19 Strategic Plan accomplishments during FY18:

- Purchased more tablets for additional programmatic, service, and assessment use (Programs & Services)
- Department assessment plan developed in Spring 2017; plan implementation during Spring 2018 (Programs & Services)
- Successful implementation and issue mitigation for TimeClockPlus (time/work tracking University-wide system) (Student & Professional Development)
- Completion of additional Student Recreation Center weight room space construction in January 2018 (Facilities)

Program Review for FY18:

- In FY18, Campus Recreation completed the 5-year program review process for FY11-FY15. The review began in February 2016 with a peer survey and was completed when an external review team provided a report in April 2017. The main finding from the external review team included:
  - Areas of success: Facilities, Programs, Personnel
  - Areas for growth: Assessment, Leadership Transition, Principles/Planning
Ben Burnham served as 2016–2018 Colorado/Wyoming NIRSA State Leader.

Loretta Capra received the 2018 NIRSA Foundation Leadership Award.

Brit Heiring received the 2018 NIRSA Horace Moody Award for Region V.

Erin Patchett received the 2018 NIRSA Outstanding Service Award for role as Chair of the Host Committee.

Campus Recreation marketing won NIRSA Creative Excellence Awards at the 2018 Annual Conference:

- **Gold - Student Publication: Campus Recreation Guidebook**
  - award credits given to current and previous student staff: Rachel Holzhauser, former Communications Manager (Copywriting & Project Management); Jenna Fischer, Social Media Assistant (Copywriting); Duy Nguyen, former Graphic Designer (Layout Design); Brooke Flaten, Graphic Designer (Layout Design & Icon Creation); Chiara Garland, Photography Assistant (Photography); Al Alothman, Photography Assistant (Photography); Brit Heiring, Communications Manager (Overall Guidance, Copywriting, & Design).

- **Bronze - Student Publication: Campus Recreation Poster Series**
  - award credits given to current student Graphic Designers Claire Stanziale & Brooke Flaten.

- **Gold - Comprehensive Publication: Campus Recreation Guidebook & Video**
  - award credits given to current and previous student staff: Rachel Holzhauser, former Communications Manager (Copywriting & Project Management); Jenna Fischer, Social Media Assistant (Copywriting); Duy Nguyen, former Graphic Designer (Layout Design); Brooke Flaten, Graphic Designer (Layout Design & Icon Creation); Chiara Garland, Photography Assistant (Photography); Al Alothman, Photography Assistant (Photography); Brit Heiring, Communications Manager (Overall Guidance, Copywriting, & Design).

Communications and Marketing won three t-shirt competition awards at the NIRSA Annual Conference:

- First - staff category
- First - outdoor category
- Third - single screen category

Climbing, Disc Golf, Men's Ice Hockey, Logging Sports, Rodeo, Polo, Shotgun Sports, Men's Soccer, Women's Soccer, Swimming, Tennis, Triathlon, Men's Ultimate, Women's Ultimate, Men's Volleyball, Women's Volleyball, and Wrestling all qualified and participated in post-season, National-level competitions.

The Climbing team won their USA Climbing Regional to advance to Nationals and placed 2nd in Bouldering at the National competition.
Across the areas that are able to track participations, Campus Recreation logged 90,238 program participations and 754,982 facility participations in FY18.

<table>
<thead>
<tr>
<th>Program Area</th>
<th>FY16</th>
<th>FY17</th>
<th>FY18</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aquatics</td>
<td>386</td>
<td>425</td>
<td>338</td>
<td>-20%</td>
</tr>
<tr>
<td>Climbing Wall</td>
<td>270</td>
<td>272</td>
<td>302</td>
<td>11%</td>
</tr>
<tr>
<td>Drop-in Sports</td>
<td>N/A</td>
<td>6,560</td>
<td>10,637</td>
<td>62%</td>
</tr>
<tr>
<td>Fitness - Group Exercise</td>
<td>38,272</td>
<td>39,473</td>
<td>38,054</td>
<td>-4%</td>
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<tr>
<td>Fitness - Personal Training</td>
<td>N/A</td>
<td>N/A</td>
<td>2,119</td>
<td>N/A</td>
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<tr>
<td>Intramurals</td>
<td>39,316</td>
<td>39,220</td>
<td>36,663</td>
<td>-7%</td>
</tr>
<tr>
<td>Outdoor Program</td>
<td>2,685</td>
<td>2,720</td>
<td>2,155</td>
<td>-21%</td>
</tr>
<tr>
<td>*Total</td>
<td>80,929</td>
<td>88,670</td>
<td>90,238</td>
<td>2%</td>
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</tbody>
</table>

*Note: Sport Clubs and Dance/Martial Arts are not included*
The 3-2-1 Go! Student Development endowment campaign was rolled out during the Campus Recreation Homecoming Alumni Reception in Fall 2017. The campaign had 12 new donors in FY18 and currently at $18,000 of the $25,000 needed to be endowed.

Additional sponsorships to support our programs came from Beau Jo’s and Cottages Apartments.

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**CRAB** Campus Recreation Advisory Board

*CRAB’s role is to be in touch with opinions of the student body, recommend changes in policies and/or procedures on current programs and services, hear and decide appeals, be involved with decisions regarding future planning and improvements, and to serve as a bridge between CSU students and professional staff.*

**Members:**

Permanent Member (Full-time Staff): Teresa Metzger

Student Staff:

Rachel Cardoza
Adam Paton
Lyndsie Shane (ASCSU Student Fee Review Board representative)
Andrew Sampson (ASCSU Student Fee Review Board representative)
Kyle Emery
Tim Devoe
Bradyn Nicholson
Zach Grennan

**Accomplishments in 2017–2018**

- Reviewed and approved the FY19 annual budget
- Reviewed and provided feedback on the football game day closures
- Two members served on the search committee for the Executive Director of Campus Recreation position (Cardoza, Sampson)
- Met with the University of Colorado - Colorado Springs Advisory Board to share our facility and processes