

**CAMPUS RECREATION
FY14 ANNUAL REPORT
Executive Summary**

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Campus Recreation is an auxiliary operation within the Division of Student Affairs that provides healthy lifestyle oriented programs, events, and services to Colorado State University students and employees via eight program areas: Student Recreation Center, Fitness, Aquatics, Intramural Sports, Sport Clubs, Outdoor Program, Climbing Center, and Challenge Ropes Course. Six support areas comprised of the Service Center, Business Office, Information Technology, Communications/Marketing, Custodial Services, and Maintenance supplement the program area functions and provide seamless customer service to CSU students, employees, families, and affiliates.

STRATEGIC PLANNING: Facilities/Fiscal

As planned, a three-year comparison of budgets inclusive of FY11-FY13 established a baseline for projecting fiscal management. The close of the FY14 fiscal year saw actual versus projected budgets align as anticipated, in large part due to resolution of facility operations and stabilization of program offerings and equipment needs in the renovated/expanded facility . An outcome of this process was the development of a three-year strategic plan based on the accumulated knowledge that will serve as a living document to guide the department. The FY14-FY17 Campus Recreation Strategic Plan version was posted to the department website and will be reviewed and modified annually.

DIVISION OF STUDENT AFFAIRS/UNIVERSITY: Collaborations/Contributions

The anticipated conversion of the Student Recreation Center multi-activity court gymnasium (MAC) into the Lory Student Center-West location began in January 2013. This facility arrangement facilitated continuation of established services to CSU students while the Lory Student Center (LSC) undergoes a major expansion and renovation. The LSC-West opened in May 2013. Throughout FY14 a symbiotic relationship between Campus Recreation and LSC staff was solidified. While the closure of the MAC gym reduced Intramural Sports programming, eliminated some Sport Club winter practices, and displaced drop-in recreation, it provided a single location for CSU students to access diversity offices, student organizations, student government, and LSC administrative offices. At the close of FY14, LSC expansion/renovation construction was on schedule with an anticipated completion by mid-fall semester 2014. This was a major collaborative effort that proved successful due to both staffs embracing the challenges, producing an exceptional outcome for CSU students under the circumstances.

DocuSign electronic software was applied to two workflow processes within the Sport Club Program in FY14 that had unintended, but beneficial outcomes beyond Campus Recreation. DocuSign was researched during FY13 with fall 2014 spent installing and formatting functions prior to implementation. By the end of the semester the processes were working almost flawlessly. Subsequently, Campus Recreation Member Services began using the DocuSign program in the alumni membership process. As a result of those successes, DocuSign was shared with the College of Veterinary Medicine and Biomedical Sciences where it was implemented to increase efficiencies and address electronic security requirements.

Campus Recreation collaborated with the Office of the Provost for Undergraduate Affairs to host in the Student Recreation Center during FY14: mid-year commencement ceremonies were hosted for Agricultural Sciences, Engineering, Veterinary Medicine and Biomedical Sciences, and Warner College of Natural Resources. In Spring 2014, three college commencement ceremonies were hosted for Biomedical Sciences, Liberal Arts, and Warner College of Natural Resources.

The Student Recreation Center and adjacent Intramural Fields continue to support Ram Welcome, a University-wide event that welcomes new and returning CSU students each August. Student Recreation Center staff plays a key role in the facilitation of these events by practicing excellent customer service, providing tours of the Student Recreation Center, and maintaining a clean and safe facility for attendees to enjoy. A variety of facility spaces in the Student Recreation Center are utilized for events or staging areas during Ram Welcome.

- A reception to host over 1,000 student family members for the President's Parent and Family Reception, featuring welcome addresses by President Tony Frank, Vice President of Student Affairs Blanche Hughes, and Dean of Students Jody Donovan. The University convocation is simulcast from Moby Arena to the Student Recreation Center where parents and family members can view the proceedings.
- A "Green Room" was provided for bands playing at the President's Concert on the Intramural Fields adjacent to the Student Recreation Center.
- A break space for Ram Welcome volunteers to relax and eat meals between events throughout the day.

DEPARTMENT RECOGNITIONS: Facilities/Programs/Services/Personnel

During FY14 Campus Recreation professional and student staff contributed to the university community and once again garnered local and national attention for Campus Recreation and Colorado State University. Highlights of Campus Recreation accomplishments that impacted a broad spectrum of the CSU community and align with Division of Student Affairs Strategic Plan goals include:

- **2013 Best Value Schools:** The CSU Student Recreation Center was ranked 3rd among the nation's best recreation centers in higher education. For the "20 Most Impressive College Gyms and Student Rec Centers", editors researched facilities that offered both outstanding opportunities for physical recreation and also exceptional attention to

design detail and aesthetics. They were especially interested in projects that emphasized operating efficiencies and sustainability, those with a U.S. Green Building Council LEED rating.

- **2013 Creative Excellence Award in Audiovisual Promotions** from the National Intramural-Recreational Sports Association (NIRSA) for "Risk Management in Campus Recreation – the David Karspeck Memorial Video. The award was presented at the NIRSA national conference in March 2013. This video is used to train student employees on the importance of risk management in recreation and sport venues.
- **2013 Video/Computer Software Publications Award** from the National Association Student Personnel Administrators (NASPA), Region IV-West for "Risk Management in Campus Recreation – the David Karspeck Memorial Video. The award was presented at the NASPA-IV West regional conference in November 2013. This video is used to train student employees on the importance of risk management in recreation and sport venues.
- **2013 NASPA Excellence Award** recipient **Video/Computer Software Publications Award** for "Risk Management in Campus Recreation – the David Karspeck Memorial Video. This is a national award at the Silver level that recognizes exemplary practices. The David Karspeck Memorial video delivers an emotional and impactful message that exemplifies Campus Recreation's commitment to developing effective, creative training tools for student learning that results in providing a safe environment for the University community.
- The final phase of the Student Recreation Center renovation/addition project was completed in December 2013 when lighting was installed on three new outdoor sand volleyball courts.
- Campus Recreation hosted a facilities tour of the Student Recreation Center on October 17, 2013 as a focal point of the NIRSA Tri-Venture event. Campus Recreation staff facilitated tours and provided resources for over 150 participating recreational professionals from across the United States.
- RamRecharge, a new collaborative effort with ASAP, was a nine week long fitness challenge with weekly workouts, fitness assessments, education sessions, and specialized and adaptive training with certified personal trainers. There were 65 participants signed up and an impressive 72% completion rate in just the first year. Of the individuals who completed the program and lost weight, a total of 138.8 pounds were lost. In addition, there were 947 more sit-ups and 435 more push-ups performed at the Final Fitness Assessment Fair.

- Campus Recreation staff improved physical attributes in the Student Recreation Center, focusing on creating a more inclusive environment for the diverse university community. Projects included the addition of Braille stickers to various cardio machines, creating a tactile map, Campus Recreation LGBTQ rainbow stickers, and signs welcoming CSU international students.

DEPARTMENT CHALLENGES: Facilities/Programs/Services/Personnel

Two focal challenge areas from FY13 persisted into FY14:

- Mechanical systems. The pool mechanical issues were resolved by the close of FY13, with no recurrence during FY14. The facility HVAC issues requiring monitoring during FY14 due to seasonal temperature changes, with corrections being accomplished within normal maintenance or specific computer control adjustments as needed. The expenditures to correct the HVAC issues were finalized in FY14 between the architectural firm, CSU Facilities Management, and Campus Recreation. At the close of FY14, these areas are finally under controlled maintenance.
- Personnel Management. The resignation of the Associate Director, Programs in summer 2013 and parental leave by two Assistant Directors planned during fall 2013 and spring 2014 once again initiated changes to upper level administrator supervisory responsibilities. To address managerial and supervisory issues created by these circumstances, the Associate Director, Facilities was promoted to Director and the Assistant Director, Intramural Sports Program was promoted to Associate Director, Programs. Staff reporting lines were once again realigned among the Executive Director, Director, Director-Administration and Associate Director, Programs. The Intramural Sports and Facilities Coordinators also assumed additional program responsibilities during parental leave by the Assistant Directors. By the close of FY14, all vacant positions were filled, with staff reporting lines realigned with appropriate positions: Intramural Assistant Director, Facilities Coordinator, and Associate Director, Operations. The new staff was enthusiastically welcomed into the department.

Accomplishments supporting Division of Student Affairs Strategic Plan / Goals

Division of Student Affairs Strategic Goal: Assure excellence in academic programs

Access and success: Improve the access, retention and graduation rates for all students, especially those from groups underserved by higher education.

Facility Scheduling & Event Management

- Campus Recreation worked directly with the Access Center to ensure underrepresented group continue to have access to the Student Recreation Center during summer camp and conference season, despite a renegotiation of fees with Conference and Event Services. As fees continue to increase for summer participants, Campus Recreation will work with the Access Center to arrange in-kind donation to help keep costs similar to what is presently paid.

Marketing

- A new training program was implemented for the marketing student employees to foster their knowledge in the field of graphic design and communications, specifically trainings on video production and best practices in design. These trainings included online videos, and a weekly meeting with the Communications Manager to discuss. Students have the opportunity to apply their new skills through more multimedia projects.

Sport Clubs

- For the first time in CSU history, the average GPA of 1150 Sport Club students was above 3.0 (3.013) after the end of fall semester. This is above the all campus average of 2.87. This is the 12th consecutive semester that the Sport Club average GPA is above the campus average GPA.
 - 56.3% of Sport Club students maintain a GPA above 3.0 which is a 4.81% increase over the same period last year. This is caused by specific sport academic programs such as the Men's Lacrosse study hall program.
- The average GPA of 1226 Sport Club students was above 3.0 (3.026) after the end of the spring semester. This is above the all campus average of 2.90. This is the 13th consecutive semester that the Sport Club average GPA is above the campus average GPA.
- 35% of Sport Club students are classified as non-resident students. This is 14% greater than the university average. This statistic is highlighted by the Polo club which has 66% of the 59 members coming to CSU from out of state.

Learning outcomes: Evaluate and assess student learning as a critical measure of teaching quality.

- The Campus Recreation Student Leadership Series is geared toward fostering leadership growth and development habits in Campus Recreation Student Staff. Each two hour session covers a different topic that student leaders face on a daily basis during their work shifts. The series also equips students with tools that can be used not only at the Rec Center but also during their careers post-graduation. In addition to the session requirements, participants engage in a service learning project in conjunction with the Campus Recreation Service Committee.

Aquatics and Safety

- Throughout the entire year, emergency audits are conducted on the aquatic staff to ensure that the aquatic staff is prepared physically and mentally to respond to emergencies of varying severity. Audit categories include CPR, AED, first aid, and aquatic water rescues. Other non-emergency audits are also conducted in the areas of policies, procedures, and customer service.
 - During FY14, 18 aquatic/lifeguard audits, 37 CPR and/or First Aid Audits, and 11 customer service/policy audits were performed on the lifeguard staff. All audits were passed.

Facility Operations

- Year round, all Facility Operations employees (Recreation Supervisors, Building Managers, and Recreation Assistants) were audited to ensure that their knowledge of policies and procedures as well as emergency preparedness met expectations.
 - Emergency type audits are conducted on American Red Cross CPR/AED for the Professional Rescuer skills. Entry level employees are also audited regarding Campus Recreation policy/procedures, customer service, and cleaning.
 - 131 rescue breathing audits were performed with only 7 re-audits required; 54 policy/procedure audits, 32 customer service audits, and 26 cleaning audits were also conducted.

Division of Student Affairs Strategic Goal: Create distinctive undergraduate experiences

Active and experiential learning: Incorporate opportunities for active and experiential learning in all programs.

Campus Recreation

During Summer 2013, Bill Halverson served as a Facilities Intern for Campus Recreation. He worked under the supervision of Erin Patchett and as a result, attended Student Employee Committee meetings. The idea of using RamCT as a way to have all employee onboarding and training processes located in one place was a project that Bill took on for his internship. He did the administrative set up of RamCT during his summer internship. In Fall 2013, multiple areas of the department performed a beta-test of the system (Facilities, Intramurals, Recreation Supervisors). After sharing the results and giving everyone time to analyze the options, the department voted in April 2014 to move all employee onboarding to RamCT for Fall 2014. Areas will move their area content (e.g. intramurals, facilities) to another course in RamCT so that there is no confusion between new hire versus current hire resources.

Dan Moyer, Maintenance Mechanic, facilitated a tour of the HVAC Systems in the Student Recreation Center for 25 students in D.M. Wise's MECH463 Building Energy Systems class. The senior level tech elective offered through the Mechanical Engineering department covers building energy systems theory, design and implementation. Sophisticated HVAC systems are presented along with methods to determine heating and cooling loads, how to satisfy ASHRAE building comfort parameters, and methods for determining building energy usage.

Student Staff Development Committee

- The Campus Recreation Student Staff Development Committee offered five training opportunities for FY14 reaching nearly 500 students.

Aquatics and Safety

- 367 students were certified in First Aid, Lifeguard Training, and CPR/AED Pro over the course of the year. This is 71 more than during FY13.
- Janelle Patrick and Zach Webber, aquatic managers, became American Red Cross Lifeguard Instructor certified with assistance from the David Karspeck Fund in March 2014 in Loveland, Colorado.
- Janelle Patrick, lifeguard, was selected to participate in the Campus Recreation Student Leadership Series during the fall semester.
- Nikki Stromberg, aquatics manager, was chosen to be an acting student member on the Student Employment Committee.

Challenge Course

- In Spring 2014 the Challenge Course piloted a new training program instituted at the request of the Challenge Course Staff. This was a priority request by the staff during the end-of-season retreat in November 2013. The training program was named Spring Staff Development Training Series and consisted of a series of 2-2.5 hour trainings.

Facility Operations

- All Building Managers spend approximately two hours a week in the office completing the administrative tasks associated with their positions such as scheduling, payroll, audits, evaluations, and other duties as assigned.
- The Recreation Supervisor promotion process for 2014-2015 began in January 2014 and 16 employees from Campus Recreation applied for the promotion of which six were hired. This year's process involved submitting paper materials, conducting phone interviews, and attending in-person interviews in order to provide experience with all aspects of the job application process.
- Recreation Assistants (31) were evaluated by Building Managers and Recreation Supervisors during one of their shifts on customer service, professionalism/work habits, communication, job knowledge, willingness to learn, and safety/risk management on a three part scale (needs improvement, good addition to the staff, and exceeds expectations).
- Recreation Assistants (34) did self-evaluations in terms of customer service, professionalism/work habits, communication, job knowledge, willingness to learn, and safety/risk management.
 - After turning in their self-evaluation, the Recreation Assistants had a meeting with their direct supervisor Jordan Williams, Interim Facilities Coordinator, to discuss the evaluation. Other focus topics during these meetings revolved future career/academic options, availability for the summer/next year, and feedback about what is going well and what can be improved at Campus Recreation.
- The Recreation Supervisors took a day trip to campus recreation facilities at the University of Denver and the University of Colorado as part of their fall training. The trip was organized so that the Recreation Supervisors could gain an understanding of how different facilities and departments operate. The Recreation Supervisors provided very positive feedback on the experience and were able to implement some new ideas at Colorado State, such as a separate cell phone for the Recreation Supervisor on-duty.
- Erin Patchett, Assistant Director of Facilities and Aquatics, supervised Bill Halverson for his 600 hour Health and Exercise Science internship in order to satisfy graduation requirements. Bill assisted with various facilities projects included the design and placement of nearly \$500,000 in new cardio equipment and setting up RamCT to be utilized for new student employee hiring and training.

Fitness

- With the purchase of the new Keiser spin bikes, there was a need to certify instructors on proper usage and technique. Twenty-two instructors received a Keiser certification at no cost to them – a \$250 value.
- Opportunities for active and experimental learning were incorporated in the hiring of Personal Trainers. The final personal trainer interview included interview questions, an exercise demo, and a written exam to test knowledge and practical skills. After the exercise demo, interviewees were asked if they would like immediate feedback about how they performed. Constructive feedback on what was done well and what challenges were present was provided. Two current Personal Trainers were given the opportunity to be involved in planning and conducting all aspects of the interview process.

Sport Clubs

- One student intern completed 600 hours of athletic training experience thus opening the door for another academic opportunity for students in the HES major.
- The athletic training student assistant, a new position for the year, completed 250 hours of office work, event set up and injury care to allow more direct supervision of the Sport Club athletes.

Division of Student Affairs Strategic Goal: Expose students to diverse cultures

Campus diversity: Foster a campus culture that attracts and supports a diverse student body and promotes a diverse culture in which to grow, study and learn; foster learning across differences and a focus on equity for all students.

Campus Recreation Signage improvements:

- Improved signage for the gender inclusive restroom locations for students to better locate facilities.
- Campus Recreation works with the INTO office to ensure proper access for all INTO students paying full fees.

Student Staff Development Committee

- The committee collaborated with the LGBTQ²A Resource Center to offer an inclusive training opportunity to Campus Recreation employees. The training was a success and provided students with inclusive language and definitions, and trained students for specific situations by using scenarios.

Challenge Course

- As with Summer 2012, two particularly large groups of diverse middle school-high school students used the Challenge Course in the Summer of 2013. Notably was the return of Manual High School from Denver, Colorado, who increased their participant numbers from 110 in 2012 to 205 in 2013. The KIPP Denver School returned in Summer 2013 with ninth graders, increasing their participant numbers from 92 in 2012 to 120 in 2013.
 - The interaction of these groups that self-identify as African-American and/or Latino/ with CSU is an excellent outreach and collaboration with not only the schools themselves, but the CSU entities who are their hosts (Access Center, Conference Services, etc.).
- International student groups visit Colorado State University during the summer for a variety of educational goals. One such program the Challenge Course has been working with for three summers is the Journalism exchange program from Swansea University in Wales, England.

Facility Operations

- Erin Patchett, Assistant Director of Facilities and Aquatics, presented the results of the LGBTQ Audit that was performed during the spring semester. Some recommendations will be implemented immediately and the rest will be considered for inclusion into the department's strategic plan that is currently being written.
- A Visible Voices panel came to the Facilities staff in-service on December 8. The panel consisted of five students from the GLBTQ²A office on-campus who told their coming out stories and discussed inclusivity/diversity at the Rec Center.

- Several Facilities staff members attended a “Everything Queer and Not?” session hosted by Foula Dimopolous from the LGBTQ²A office on-campus. This learning session discussed sexual orientation and gender identities in the context of a university and recreational settings.

Fitness

- Fitness Coordinator, Michelle Gehret, collaborated with Foula Dimopoulos, Director of GLBTQ²A Recourse Center, to attend a monthly personal trainer meeting to help facilitate a discussion about transgender students in order to create awareness and ensure inclusive programming.

Marketing

- Filming was completed for Campus Rec’s You Can Play video. The You Can Play organization is one that charges rec centers and sport teams to make a video taking a stand against discrimination towards gay, lesbian, and transgender athletes. Campus Rec’s video is expanding to include, age, sex, religion, athletic ability, race, gender, and ethnicity. A student committee was formed to help guide the direction and tone of the video. Interviews were completed with Blanche Hughes, Judy Muenchow, and several other staff and students.

Member Services

- The Assistant Director of Member Services, Facilities Assistant Director, Communications Manager, and a student and professional staff member from the Resources for Disabled Students Office met frequently to discuss how Campus Recreation could better meet the needs of disabled students on campus. Items of discussion included adding Braille to cardio and weight machines, creating a tactile and high contrast map of the Student Recreation Center, creating a safe space for guide dogs, and more. Implementation of these ideas plan to be completed over the semester and into the future.

Division of Student Affairs Strategic Goal: Integrate academic and co-curricular experiences

Learning communities: Develop residentially based learning communities that capitalize on our strength as a destination campus.

Student engagement: Increase student participation in a broad array of leadership, civic involvement, intercollegiate and intramural athletics, and cultural opportunities.

Campus Recreation

- The Service Committee adopted a street, Shields Avenue from Prospect to Mulberry, to assist with city clean up and beautification. The committee completed one of three required clean up dates on Saturday, April 5, 2014 from 9-11:30 a.m. There were approximately 25 participants with a breakdown of about 5 professional staff members and 20 student employees.
- The Service Committee implemented a “Got Old Athletic Shoes” shoe drive whereby used athletic shoes are donated to the NIKE Reuse-a-Shoe program. Nike grinds up the shoes to be used for playground materials and track surfaces in communities all over America. The first drive ran for four weeks between December 2013 and January 2014 a total of 56 pairs of shoes were collected. In the spring the second drive ran for four weeks during the month of May 2014 with the collection 58 pairs of athletic shoes.

Climbing Wall

- The Climbing Wall assisted in the planned activities for Cam’s Birthday, an alumni/family event taking place in the Student Recreation Center.

Fitness

- “Free 15 minute Workouts”, free fitness assessments the first two weeks of the semester, and having a table in the lobby with personal trainers to promote the program which allowed for great exposure (many students indicated they were not aware the Rec Center has certified personal trainers) led to the increase of personal training sessions by over 100% (543 in FY13 to 1,283 in FY14).
- Personal Trainer package options were restructured to provide the convenience of larger packages of up to 20 sessions so clients do not have to frequently purchase sessions. Body composition tests, Workout-To-Go, and Partner Training Sessions were also added after researching other NIRSA institutions and reviewing previous data to provide the most ideal options for clients.

Intramural Sports

- Intramural Sports expanded summer term programming by adding successful one-day table tennis, badminton, and bowling events, as well as an outdoor mini-soccer league to offset the inability to program soccer in the Student Recreation Center MAC gym.

Marketing: Social media

- Campus Recreation's social media accounts were updated, and program area's individual social media accounts were compiled into the main Campus Rec Facebook page. A new banner image, profile image, social media plan, and content were created. These additions aided in the first surge in "likes" on Campus Rec's Facebook page through the last weeks of August since its creation.
 - Facebook was opened up as a forum to gather student feedback and opinions on a variety of topics, including a forum on student suggestions for a department app, and what kinds of information they are interested in receiving via social media. These posts had a larger engagement and reach than many of the other posts on Facebook. Photo albums of students, events, and activities are the most popular posts, reaching over 5,000 people, and engaging up to 4,300.

Marketing: Four Winds

- Updated templates were added to the Four Winds screens which included a new "ad bar" on the meeting room/studio screens as a new avenue for content to be posted throughout the building. Advertisements for the massage program, personal trainer program, and other areas have been used in this new space.
- New video and animated content was added to the Four Plex for the first time, creating a more eye-catching appeal to the informative content on the screens.

Marketing: Videography

- New video content has been created for the department, including a week-long workout series that highlighted exercises and routines that students could do at home over fall break.

Marketing: Advertising

- Ads @ The Rec advertising program was launched in March. The program allows ads to be placed inside the Student Rec Center by CSU departments and student organizations, helping other areas to promote their events and programming to the large Rec audience. Five areas for ads were placed within the building, and departments reserve the ad space through the marketing department for either a one or two week run. Areas that used the new program include: Pingree Park, Orientation & Transition Programs, Warner College of Natural Resources, The Health Network, Engineers Without Borders, Cinco-Cinco 5K Walk/Run, Senior Year Experience, Conflict Resolution & Student Conduct, and the Office of Annual Giving.
- Began a partnership between ASAP, Co-Lab, and Campus Recreation for the development and advertising of the Fitness Program's Ram Recharge.

Outdoor Program

- The Fall 2013 Semester was for the Outdoor Program. Participation in programs increased, which is a good testament to future growth of the program. Several new programs were piloted with success, and the program made good strides towards operating properly with special use permits on public lands. The challenge for the Outdoor Program is to seize the opportunity to build upon current success.
- The Spring 2014 Semester was prosperous for the Outdoor Program. Participation levels in programs caused nearly every trip to fill to capacity requiring some members to be placed on waiting lists. Additionally, four new Trip Instructors were hired for the FY15 Academic Year. The challenge and opportunity for the Outdoor Program will be to continue to offer popular trips while gradually increasing quantity and quality in FY15.

Sport Clubs

- Sport Clubs experienced an increase in participation by 8.9% (94 students) over Fall 2012. This increase is probably due to increased recruitment efforts by Creative Services and Sport Clubs to get more students to participate in the program.
 - Most of the increase in program participation is attributed to a 22% increase in female participation.
- The Men's and Women's Ice Hockey clubs hosted games at the Pepsi Center in October with over 5,000 people attending the games. The games raised awareness for both of the clubs to potential freshmen and alumni.
- The Men's and Women's Soccer clubs hosted games at Dick's Sporting Goods Park in September with approximately 800 in attendance. The games raised awareness for both of the clubs to potential freshmen and alumni.
- The Men's Ice Hockey club partnered with Larimer County and the Colorado Eagles to host a game at the Budweiser Event Center that helped to fund youth hockey in Northern Colorado. Over 3,500 people attended the event.
- Tennis became a recognized Sport Club.
- Competitive Climbing became a recognized Sport Club.

Student well-being: Nurture student health, safety and well-being.

Campus Recreation

- Each year the Student Staff Appreciation Committee is responsible for hosting two student employee events.
 - During the fall semester, “Rec Olympics” is designed to bring together student employees in a fun activity designed to enhance employee morale and staff cohesion. This year the Rec County Fair and Staff Picnic had 86 participants enjoy nine events and a barbecue dinner in the Rec Center.
 - The spring semester Student Employee Appreciation Banquet had a record 170 participants in a formal setting which included dinner, staff awards, graduating student gift presentation, a staff photo, showing of a year in review video, and this year a special song and dance routine was performed by four members of the staff to entertain the employees in attendance.
- Entered into a partnership with the Kendall Anderson Nutrition Center, which includes ongoing:
 - KANC Brochures on the Service Center desk
 - A referral card program between Personal Trainers at the Rec Center, and nutrition counselors at KANC, which allows one to refer the other, strengthening the nutrition & fitness connection on campus (on-going project).
 - 2nd Tuesday of the month KANC Nutrition Facebook posts on Campus Rec’s Facebook page.
 - Campus Recreation brochures at the KANC desk.
 - Posts on the KANC Facebook page from Campus Recreation.
- Partnered with KANC, the Health Network, WGAC, ASAP, and Guide to host Body Acceptance Week, held February 24 – 28, 2014. The week included seminars, workshops, healthy workouts, positive post-it tabling, and concluded with the showing of a body-positive film. Campus Recreation created all of the marketing for the program including a logo, posters, post-it designs, online ads, fliers, a collegian ad, and a t-shirt.
- Risk Management Committee
 - Clarified the type of outside equipment Rec Center users are allowed to bring into the Rec Center
 - Review and approval for the Emergency Action Plan Handbook (EAP) for the Student Recreation Center
 - Reviewed the proposal to install TRX racks in the Boxing Area in the Ellis gym. The installation included reinforcing the concrete block wall to ensure the racks would not become detached from the wall during use
 - Reviewed articles from the SportsRisk Newsletter on recent lawsuits affecting the recreation field.
 - Worked with the CSU Office of General Council to finalized department waiver language and collection procedures, which wrapped up the Audit of department waivers

- Purchased Webinars on; Weight Room Staff Supervision, Climbing Wall Staff Supervision, Risk Management Committee, Google Docs, and Intramural Staff Supervision
- Reviewed a request from a student member to hang upside-down to stretch his back because of a previous injury – upheld the policy prohibiting that behavior. The student was advised that physical therapy was available at Hartshorn Health Center
- Developed “Code Adam” process for handling lost children, included in the latest EAP Handbook and Operations Manual
- Reviewed best practices for hiring volunteers
- Reviewed Sport Club practice cancellation process
- Reviewed building Emergency and Panic Alarm testing procedures and timeline
- Discussed the use of RamCT for Risk Management quizzes for student employees

Facility Operations

- Jordan Williams, Interim Facilities Coordinator, created a facilities employee hiring threshold that can be used to determine the ideal number of Recreation Assistants and Building Managers to have on staff based on the number of hours available to work. This program assessment tool will help student employees be able to work a manageable number of hours, thereby hopefully improving their work and academic lives.
- In conjunction with the CSU Health Network during Body Awareness week in February, the Student Recreation Center mirrors were inscribed with positive messages about health/fitness and several flyers were displayed around the building.

Massage Therapy

- 288 massages were administered in FY14 up from 177 in FY13, a 61% increase.

Sport Clubs

- 760 sport club practice hours were covered by a certified athletic trainer and/or practicum students.
- 52 sport club games and 5 tournaments were covered by a certified athletic trainer during the year.
- 14 practicum students working toward their bachelor degree in HES were supervised by the professional staff certified athletic trainer.
- Approximately 1270 injuries or treatments (wound care, taping, ice, or wrapping) were handled in the sport club athletic training room.

Assessment systems: Provide the Board, campus and public with transparent measures of accountability.

Campus Recreation

- Upon the start of the Communications Manager on August 5, a full brand assessment was conducted for Campus Recreation. This included meetings with each program assistant director, the Executive Director, and consultation with the central communications department on campus. A SWOT report was compiled which included the use of several versions of the Rec logo, along with inconsistencies in brand colors and fonts, what areas were successful, and which could be improved on. This resulted in a new short-term marketing plan and brand development for Campus Recreation following CSU's guidelines that included a new identifier, building sign stationery, colors, fonts, Four Winds screens, building signs, etc. designed so students could more easily identify in both the building and throughout campus, as well as through digital formats (i.e. social media).
- The Student Staff Appreciation Committee conducted satisfaction surveys for the two events conducted during the year.
 - The fall semester, "Rec Olympics" Rec County Fair and Staff Picnic survey of 86 participants recorded a 13% response rate with 91% of respondents indicating they were either very satisfied or satisfied with the event and food options.
 - The spring semester Student Employee Appreciation Banquet survey of 170 participants recorded a 37% response rate with 90% of participants either extremely satisfied or satisfied with the event.
- The Student Staff Development Committee conducted satisfaction surveys for the three events conducted during the year.
 - Fall Common Training survey was sent to 180 participants to gauge the effectiveness of and learning from training. Responses from 45 participants indicated goals of training surrounding risk management, department mission, vision, and values, and creating a cohesive team environment were met with a 69-86% Strongly Agree or Moderately Agree level of satisfaction.
 - The Student Leadership Series survey was developed to gauge effectiveness of learning from training. Eleven participants recorded a 73-100% response rate of Strongly Agree or Agree regarding benefit of the Series personally and professionally.
 - Spring Common Training survey was completed by 102 respondents to gauge the effectiveness of the training. Responses indicated goals of training surrounding customer service and teaching employees more about each individual area were met with a 33-53% Strongly Agree or Agree level of satisfaction. The keynote address by Zach Mercurio was met with an 87% Strongly Agree or Agree level of satisfaction. Overall, 70% of respondents believed the Training was Very Informative or Informative.

Aquatics and Safety

- During April, an Aquatic Programming Survey was administered to assess the interests and needs of the campus recreation community in terms of aquatic activities and programming.
 - The survey was designed and executed through CampusLabs. It was sent to the aquatic listserv, department heads of the Student Diversity Programs and Services offices, and faculty and staff members identified through Fusion. Also, aquatic managers were scheduled to table in the Student Recreation Center to solicit additional survey participants. Finally, the survey was marketed on the Campus Recreation website and via flyers throughout the building.
 - The survey was completed by 224 participants.
 - The results will be analyzed and help make decisions on future aquatic programming and activities.

Challenge Course

- A post-course participant satisfaction survey was developed and implemented last spring. Full activation began in March 2013. (*participant satisfaction, instructor feedback, participant interest, etc.*) The group contact to each Challenge Course event is sent the link shortly after the course is held.
- Results/Impact: By the end of summer 2013, about 40 surveys had been completed; the results are measured on a Likert type scale of Very Satisfied through Very Dissatisfied. The Satisfied and Very Satisfied categories are listed over 80% of the time. Two specific standout points were noted:
 - “How satisfied are you with the price paid for your course?” 68% Very Satisfied, 22% Satisfied, 10% Neither Satisfied or Dissatisfied, 0% Dissatisfied and 0% Very Dissatisfied. The conclusion here supports that a price increase would begin to erode groups’ willingness to schedule a course.
 - When comparing these ratios with known actual group affiliations it is obvious that CSU groups self-report back at a rate about 50% higher than other groups --- this is logical since CSU groups are more likely to be supportive of assessment tools requested by colleagues.

Climbing Wall

- In October, a Climbing Wall Fall 2013 Survey was administered to assess wall usage patterns and student experiences with staff, routes, and policies. This survey was designed and executed through CampusLabs and sent to approximately 200 students who Fusion had indicated used the Climbing Wall in August and September 2013.
 - Results of the survey indicated that the Climbing Wall remains a place for many students to become introduced to the sport of rock climbing, that many students utilize the facility more than once a week, and that staff friendliness, customer service, frequent route setting, and availability of rental equipment supports these student climbers in their development.
- Additionally, a satisfaction survey was also administered through CampusLabs to all Harvest Hang Bouldering Competition competitors, shared with Climbing Wall

Assistants, and used to strategically plan future competitions. Results indicated that the Harvest Hang in Fall 2013 ranked among the best of all CSU bouldering competitions in terms of quality and participant satisfaction.

Facility Scheduling & Event Management

- An assessment tool has been created via Campus Labs Baseline module. The link to this survey is included as a follow-up for each reservation and is included electronically in the email accompanying the final invoice. While response rates remain low, four surveys complete during the summer were all strongly positive with zero negative comments.

Fitness

- Satisfaction surveys were developed and offered both fall and spring semesters for Personal Training, Personal Trainer Fitness Camp, and Dance and Martial Arts.
 - Personal Training, 22 total respondents, 82% rated their overall experience with personal training as excellent, 100% of respondents indicated their trainer was enthusiastic and knowledgeable, and over 90% felt that their self-esteem and confidence improved as a result of working with a personal trainer.
 - Personal Trainer Fitness Camp rated overall experience (54% excellent), workout sessions well-organized (92% strongly agree), and improvement in self-esteem and confidence (35% strongly agree).
 - Dance and Martial Arts feedback in the fall indicated 75% of the respondents were very satisfied with their and instructor. Facilitated discussion with instructors about creating a more inclusive and inviting environment occurred during spring and 100% of the spring respondents strongly agreed that their instructor was responsive to questions and concerns.
 - RamRecharge - An initial and final survey was sent to all participants. The initial survey was used to provide baseline data about the participants so the program could be adjusted to meet the specific needs participants and track changes at the end of the program. The final survey provided valuable feedback that will be used in planning for the program next year. In general, participants responses regarding their fitness knowledge, commitment level, enjoyment, etc. moved from agree in the initial survey to strongly agree in the final survey.

Massage Therapy

- A total of 107 satisfaction evaluations were received with 98 individuals stating they were extremely satisfied with their massage and nine stating they were satisfied. Three clients marked that they would not receive a massage again but indicated this was because they do not live in the area. One respondent indicated they would not have a massage again, but did not offer an explanation as to why. Six clients were unsatisfied with the registration process. Most comments for improvements focused around the registration process.

Outdoor Program

- The Outdoor Program created and administered a Trip Survey for participants of Outdoor Program trips in the Fall 2013 and Spring 2014 Semesters. The purpose of this survey was to assess participant satisfaction and student development components of Outdoor Program trips. This survey was administered through CampusLabs, and was distributed to approximately 140 participants. Results and insights from the survey included the following:
 - a majority of participants indicated the program as being their first Outdoor Program trip and first time participating in the activity
 - indicated that by participating in the program, a majority of respondents reported enhanced self-esteem, knowledge of the activity, and appreciation of the natural world
 - a majority of participants also indicated they would try another Outdoor Program trip, as well as recommending the trip to others
 - more varied agreement was displayed in the question concerning to what extent participants felt they fostered inter-personal relationships on their trip; this is perhaps due to the nature of the trip, but could prompt the Outdoor Program to consider how the structure of trips constrain or promote interpersonal relationships between participants.

Sport Clubs

- A participant survey was conducted for the Summer Ultimate League; 98% of respondents were satisfied with the league format and structure.
- Formal written evaluations were conducted mid-semester and post-semester for 11 practicum students and one intern.
- Sport Club officers were surveyed in Spring 2014 to determine officer satisfaction with the Sport Club program. The survey was conducted electronically and had 23 responses (24% response rate).
 - 100% of respondents either strongly agreed or agreed with the statement, “My Sport Club involvement has been a positive experience.”
 - 100% of respondents either strongly agreed or agreed with the statement, “I would recommend others to pursue a Sport Club.”
 - 97% of respondents either strongly agreed or agreed with the statement, “My involvement with Sport Clubs has better prepared me for my career after graduation.”

Division of Student Affairs Strategic Goal: Provide quality venues and related services that support learning

Campus Recreation Signage improvements

- All signs in the Rec Center, including new signs for locking belongings, ID required posters, etc., were updated.

Aquatics and Safety

- The Aquatic Listserv changed from Outlook groups to an official Colorado State University non-course related listserv. Now, patrons are able to sign up online and the listserv does not have to be kept by two different Outlook accounts. The purpose of this listserv is to be able to connect with the regular aquatic users so that last minute closures of the pool can be communicated. The listserv also serves as a means to relay information about summer camp use of the pool during summer months.
 - The Aquatics Listserv grew from 79 members to 99 members over the course of the year.

Challenge Course

- During the summer, three major re-builds/repairs were accomplished by the Challenge Course staff.
 1. The deck of the team wall was completely removed and re-built over a five day period in August.
 2. The upper circuit platforms and tethers were built/replaced and adjusted to open this part of the facility which had been un-useable since approximately 2009.
 3. The low element “Muese” was removed and replaced with element of the same type that is twice the size, but featuring removable blocks to improve mowing by the grounds staff.
- In Fall 2013 several staff-initiated low-element improvements were undertaken. Three new low elements were installed on the course: sequential trust fall stumps, all-aboard platform, and a re-working of the shade structure poles to create a giant’s finger.
 - Additional safety related improvements were made on the high elements including new tether lines for the giant swing and additional hand grips for clients in that area.
- During the spring semester, additional improvements in high element maintenance were made on the Leap of Faith Trapeze element (bar replaced with adjustable height model) and modified pull-back lines for the Giant Swing.

Marketing office

- New software (Lightroom and Adobe Premiere Video Editing) was purchased for the marketing office (both student staff and professional), aiding in the organization of the photo libraries on the shared drives (Lightroom) and the creation of new video content (Premiere).

Student Recreation Center

- New Keiser bikes were purchased for the cycle studio because the old StarTrac bikes were outdated and in need of constant maintenance.
 - Massage Therapy worked with CSU Facilities Management and Interior Design students to revamp the massage waiting area. Funding was approved from the Campus Recreation budget for two new floor lamps, a new sofa, and a new water feature for the area.
 - 48 new lockers were installed in the facility to help even the male to female ratio of available lockers as well as provide additional spaces for patrons to secure their belongings.
-

Division of Student Affairs Areas of Emphasis

Enrichment of DSA Human Resources

Campus Recreation

- Several Campus Recreation staff attended the Disney Institute Workshop: *Joey Halpin*, Aquatics Coordinator; *Michelle Gehret*, Fitness Coordinator; Heather Foster, Assistant Director, Member Services
- Campus Recreation members attending the NIRSA Region V Conference in Omaha, Nebraska, October 23-25, 2013: *Joey Halpin*, Aquatics Coordinator, S
- Campus Recreation staff who attended the NIRSA Annual Conference in Nashville, Tennessee from April 22-27, *Joey Halpin*, Aquatics Coordinator.
- *Joey Halpin*, Aquatics Coordinator, participated on a CSU career panel for a Health and Exercise Science 120 class on November 13, March 6, and April 18.
- Historically, the administrative oversight of WhentoWork (employee scheduling website) has lived with professional staff at random. With the creation of the Student Employee Committee, it was decided that the best place for that task to live (in order to ensure the knowledge stays within the department as professionals leave for other positions) is with the committee chair. The oversight was transferred from Heather Foster, Assistant Director for Member Services, to the committee in December 2013.
- *Jordan Williams*, Interim Facilities Coordinator, and *Erin Patchett*, Assistant Director of Facilities and Aquatics, attended the “Beyond Binaries” webinar, which discussed nonmonosexual relationships, thereby providing more information about potential LGBTQ populations on campus at CSU and how to better serve them as a group.
- *Jordan Williams*, Interim Facilities Coordinator, attended several DSA learning sessions including Introduction to Assessment and Using Student Learning Outcomes; completed the At Risk program, a 45-minute classroom simulation with students typically seen on a college campus; and attended “Diversity of Political Thought” as part of Diversity week at CSU.
- *Jordan Williams*, Interim Facilities Coordinator, and *Erin Patchett*, Assistant Director of Facilities and Aquatics attended a webinar co-facilitated by NIRSA (National Intramural and Recreational Sports Association) and ACPA (American College Personnel Association) called “Discussion on the Role of Campus Rec in Student Affairs.” The panel focused on how participation in Campus Recreation programs correlates with student success in other areas such as academics and retention.
- *Erin Patchett*, Assistant Director of Facilities and Aquatics, attended a webinar entitled “The Trevor Project, Campus Pride, Kognito Introduce Online Interactive Trainings for Higher Ed.” The webinar introduced a new training simulation module for introducing LGBTQ issues in student affairs. The webinar was sent to the GLBTQ²A office to consider for use across the Division of Student Affairs.

- EMS guides and documentation are finalized. A simple how-to-guide for professional staff has been created using an FAQ format and documents overviewing basic functions of the position and EMS software have been saved on the department's community drive.
- Two Health and Exercise Science practicum students worked with Member Services.

Sport Clubs

- The Sport Club program collaborated with the Men's and Women's Ultimate teams to sponsor the CSU Summer Ultimate League. This league includes both students and non-students which enhances University/community relations.
 - The 2013 league had 167 participants on eight teams, compared to the 2012 league with 178 participants. This was a reduction of 6.58%. The 2013 number is actually above the budgeted amount of participants in the league (160).
 - It is believed that the decrease in student participation was due to the increased focus and marketing towards community members which pay greater participation fees than students.
- All Sport Club professional staff enrolled and passed a class that taught the staff how to increase donations for the program.

Partnerships, relationships, and development

Campus Recreation was featured in a number of press releases and media stories, including:

- Collegian article on September 4th with tips on how to maintain a healthy lifestyle, with an interview from Fitness Coordinator, *Michelle Gehret*.
- Collegian article on October 28th regarding the importance of fitness and health on CSU's campus, and the resources the Rec Center has to offer to students.
- Today @ CSU, and Coloradoan.com story (3rd week of November) featuring *Matt Herschberg*, martial arts instructor at Campus Recreation.
- November 21st article naming Campus Recreation's Student Rec Center #3 Best rec center in the country by Best Value Schools.
 - This article was picked up by Today@CSU, and the Coloradoan.
- Today@CSU article on NASPA awards for *Jason Foster*, and the David Karspeck Memorial Video.

Aquatics and Safety

- Assistant Director of Facilities and Aquatics, *Erin Patchett*, worked with Environmental Health Services to learn the new university bloodborne pathogen training requirements so that Campus Recreation student employees could be trained on the new procedures in August.
- *Joey Halpin*, Aquatics Coordinator, completed a course to become a Certified Pool Operator, attended the Introduction to Student Assessment offered through the Division of Student Affairs, the Positive Side of Conflict presentation offered through the

office of Training and Organizational Development, and the Recognition and Motivation in Pursuit of Service Excellence offered through the office of Training and Organizational Development.

- *Erin Guy*, aquatics manager, and *Natalie Ritter*, lifeguard, served as Ram Welcome Leaders during Summer 2013.
- *Janelle Patrick*, lifeguard, was elected Firm Director of RamPR, a reestablished, student-run public relations firm.
- The aquatics program collaborated with: Professor Wes Kenney to allow the Advanced Instrumental Conducting and Techniques (MU 556) class to use the pool on September 16 and February 10 for a project; the Muslim Student Association to offer open swims at Glenn Morris Field House on December 7th and January 12th; the Salam student organization to offer an open swim at Glenn Morris Field House on March 29th.

Facility Operations

- Facilities partners with the University Scheduling Office to supervise contracted groups at the Moby and South College facilities.
- Campus Recreation collaborates with the Department of Intercollegiate Athletics to allow access to the Indoor Practice Facility (IPF).
- Campus Recreation partnered with the City of Fort Collins to place a piano at the Recreation Center. The piano has been a popular instrument for students to utilize when entering and exiting the Recreation Center.
- Facility Operations continued a long-standing partnership, working with The Office of Conference Services, in order to serve the recreational needs of all camps/conferences participants.
- The Facilities staff supervised and collaborated with many different areas and groups to successfully execute events. These events included an alumni recognition party at the Student Rec Center, Medieval Society tournaments/practices at Glenn Morris Fieldhouse, a glow-in-the-dark volleyball tournament for Greek Life at South College, and a Student Rec Center building rental for a Church of the Latter Day Saints organization. Plus there were numerous hours spent supervising CSU Sport Club practices, IM Dodgeball and Basketball competitions, Tae Kwon Do tournaments, and graduation weekend events.

Facility Scheduling & Event Management

- Facility Scheduling & Event Management continues to build and maintain strong working relationships with Conference and Event Services, Athletics, HES, and the University Scheduling Office.
 - CES to ensure appropriate use of space for all conference guests and participants. Major conference groups this summer included AIA and CRU.
 - HES to provide equipment and coordinate field space for summer camps, outdoor basketball court space for Health and Exercise Science on September 17 and 18 for youth camp and Noon hour activities as HES had been displaced from Moby

- Auxiliary Gyms due to the University Career Fair, and court space on several occasions due to facility maintenance.
 - Agreed to a three day delay in the beginning of summer programming on field space to accommodate Athletics' camps; provided three sand courts for a four-day period to allow Women's Volleyball to host practice sessions.
- Provides space, at no charge, for CSU Health Network Mindfully Managing Stress programs.
- Recognized Student Organizations continue to have the option to reserve a space one time each semester at no charge.
- Hosted portions of the American Society of Engineers competition.

Fitness

- Assistance Director of Fitness, Dianne Bornhoft and Fitness Coordinator, Michelle Gehret met with Wendy DeYoung, Coordinator for Practicums and Internships for Health Promotion with Health & Exercise Science. Beginning in Fall 2013, Fitness had a two practicum students for Group Fitness and Personal Training.
- Fitness Coordinator Michelle Gehret collaborated with the Kendal Anderson Nutrition Center to provide a speaker to attend a monthly personal trainer meeting to thoroughly explain to trainers what their scope of practice is with regards to nutrition. This has resulted in trainers having a more clear understanding and ability to stay within their scope of practice.
- Assistance Director of Fitness, Dianne Bornhoft and Fitness Coordinator, Michelle Gehret are on the Body Image Awareness Committee. There are several areas that collaborate: ASCSU, GUIDE, CSU Health Network, Nutrition Center, and WGAC.

Intramural Sports

- Ongoing collaboration with CSU Athletics has enabled and facilitated holding Intramural Sports basketball and volleyball championship events in Moby Arena in both the Fall 2013 and Spring 2014 terms for more than 200 student participants and 20 student officials.
- In collaboration with the Orientation and Transition Programs, the Intramural Sports Program hosted Ram Welcome Intramural Sports Night in August 2013, which entailed organized, drop-in kickball, soccer, and flag football games participated in by over 200 incoming freshmen on the intramural fields.

Marketing

- Social media accounts were officially registered and recognized by Colorado State's social media department.
- Successfully collaborated with the central communications office to launch one of the first "badges" through the Read Media Merit Badge program for the 2013 Men's & Women's Lacrosse championships.
- Campus Recreation has several featured news and media stories, including an article about Body Acceptance Week in the Collegian, an article highlighting Sport Club athlete

Steve Mantell for his performance at the Triathlon nationals, and being named one of 11 schools in Men's Health Magazine's online "Coolest College Rec Centers" article (<http://www.menshealth.com/fitness/coolest-college-rec-centers>).

Massage Therapy

- Massage Therapy provided free chair massages at the Division of Student Affairs' award recognition ceremony. The event was held at Newsom event center in May 2013.
- Massage Therapy offered free chair massages at Ramapalooza. The event was hosted in the Student Recreation Center and chair massages were administered in the lobby area.

Member Services

- The Member Services student staff collaborated with the Office of Conference Services to combine CSU brochures and Student Rec Center specific inserts for distribution to all Office of Conference Services participants. This additional educational marketing allowed for fewer problems with policy enforcement and participant problems since most participants were aware of rules and policies.
- The University of Colorado at Boulder Recreation Center fiscal and member service professional staff came to visit on August 23, 2013, to learn more about the Service Center systems, Fusion processes, and till counting processes.
- Member Services recycles all lost and found towels and well-worn towels to the CSU Police Department to aid in the training of their canines.
- The Assistant Director of Member Services, the Scheduling and Special Events Coordinator, and various Office of Conference Services representatives met to determine new methods and processes to verify identification for the various campus and conferences that use the Student Recreation Center.
- The Assistant Director of Member Services is a member of the Colorado State University Parents Fund Committee which helps to approve requests for additional funding for various programming events on campus.
- The Assistant Director of Member Services and various other entities on campus that maintain a campus lost and found collection gathered together to watch a webinar and review a lost and found tracking software called Great Karma.
- Member Services recycles all equipment to local middle schools, elementary schools, and youth recreation programs to augment activity inventories when it is replaced with new supplies.
- Requests from various departments around campus for giveaway items have resulted in the following
 - 2 Unlimited cycle passes
 - 2 unlimited mind body passes
 - 5 4-month memberships
 - 4 weekend guest passes
 - 4 single mind body fitness passesprovided to:
 - Homecoming 5K

- HES 5K
- Vet Med hospital employee appreciation week
- DSA Appreciation event
- Student Employee appreciation week
- AED Awareness week

Outdoor Program

- The Outdoor Program maintains its collaboration with INTO Colorado State University to offer a Learn to Ski/Snowboard trip for INTO students.

Risk Management

- Collaborated with the CSU Office of General Council to finalized department waiver language and collection procedures
- Worked with CSU Facilities Management on reinforcing a concrete block wall, for TRX installation, to ensure the TRX racks would not become detached from the wall during use
- Welcomed CSU Police Department's Risk Management and Threat Assessment Class on October 18, 2013

Sport Clubs

- The Rams Cycling team partnered with the Fort Collins Velodrome Association to sponsor the 6-Day Races on the Oval, giving local residents a taste of true track-style racing.
- Sport Clubs partnered with the College of Veterinary Medicine and Biomedical Sciences to assist them with implementing DocuSign processes in the college.
- The Men's Lacrosse club secured donations totaling \$60,000 spread over the next three years to supplement coaches' salaries.
- Sport Clubs Assistant Director, *Aaron Harris*, partners with the Resources for Disabled Students Office to proctor final examinations.
- The Sport Clubs program developed a partnership with the Development Office, Communications Office, and Admissions Office to develop upgraded marketing and fundraising efforts for the program. This resulted in new sport club fundraising letters for sport clubs that will be rolled out throughout the next year.
- Forty members from the Women's Ultimate, Triathlon, and Synchronized Swimming Clubs volunteered four hours each to manage booths at Cam the Ram's Birthday which is an event run through the Alumni Association. Two hundred area youth benefited from this partnership.
- Sport Clubs partnered with:
 - Colorado Avalanche to host Men's and Women's Hockey games at the Pepsi Center
 - Colorado Rapids to host Men's and Women's Soccer games at Dick's Sporting Goods Park

- The Department of Athletics to coordinate Football parking as a fundraiser for the Sport Clubs. The partnership includes hosting events at Hughes Stadium free of charge
- Sport Clubs partnered with the Department of Athletics to raise money for student organizations by coordinating football parking. Approximately \$20,000 was paid to the Sport Club Program and distributed to the clubs that sent members to work parking.
- The Baseball club partnered with the Cancer League of Colorado to raise over \$9,000 for the Cancer League of Colorado. The club hosted a fundraising game that spectators were asked to give money to the charity in exchange for attending the game.
- Sport Clubs is partnering with the Conflict Resolution and Student Conduct Services Office and the Greek Life Office to enhance the process for processing student organization discipline issues.
- Sport Clubs partnered with the Athletic Department to give campus facility and program tours to 20 youth from Bangladesh that are considering CSU for college.
- Sport Clubs partnered with the SLiCE Office to host the SOAR Awards ceremony.
- Seven members from the Alpine Ski club spent a weekend building a house for Habitat for Humanity.
- 25 members of the Baseball club hosted a youth baseball clinic for area youth. Money raised from the clinic benefited Kid's Zone a group that holds a camp for children with cancer to escape those hardships.
- 12 members of the Crew club raised money for the Salvation Army by ringing bells outside WalMart in December. The club volunteered for all shifts during a weekend in December.
- 15 members of the Crew club worked at the Fort Collins Cat Rescue Silent Auction to raise funds to help provide spay/neuter procedures to animals in need. Each member spent five hours at the auction.
- 10 members from the Cycling club volunteered at the US Pro Cycling Challenge as course marshals.
- 20 Cycling club members volunteered five hours each at Beaver Meadows to restore public trails.
- Nine members of the Disc Golf club volunteered three hours each with the Northern Colorado Disc Golf Club to restore the course at Edora Park.
- 10 members of the Figure Skating club volunteered eight hours each at the Fort Collins Figure Skating club competition in April that benefited 200 people.
- 24 members of the Men's Ice Hockey club hosted a charity game that raised over \$2000 to benefit the Red Cross and flood relief efforts in Northern Colorado.
- 24 members of the Men's Ice Hockey club raised over 300 lbs of food for the Cans Around the Oval food drive.
- 17 members of the Women's Ice Hockey club each volunteered six hours as coaches and instructors to the Nederland Youth Hockey organization to benefit the 25 female youth hockey players.

- 20 members of the Men's Lacrosse club each volunteered 50 hours as coaches and instructors to the Fort Collins Youth Lacrosse organization to benefit the 25 female youth lacrosse players.
- 25 members of the Men's Lacrosse club each volunteered 25 hours at Respite Care in Fort Collins as group leaders. 25 area youth benefited from this experience.
- 12 members of the Women's Lacrosse club each volunteered 40 hours as coaches and instructors to the Havoc Youth Lacrosse organization to benefit the 40 female youth hockey players.
- Five members of the Polo club volunteered 60 hours in the therapeutic riding program to work with physically and mentally disabled individuals. 30 people benefited from this program.
- 20 members from the Men's Rugby club volunteered 5 hours at the Jingle Bell 5K. Club members worked as race volunteers.
- 5 members of the Women's Rugby club each volunteered six hours as coaches and instructors to the Fort Collins Youth Rugby organization to benefit the 20 female youth hockey players.
- 31 members of the Men's and Women's Soccer clubs volunteered eight hours at the Hot Chocolate 15K and 5K to provide Gatorade and water for all racers. There were 10,000 participants in the race.
- 10 members of the Women's Ultimate club volunteered five hours to teach 10 area youth how to play ultimate frisbee at the Fort Collins Family Center.
- 14 members of the Wrestling club volunteered as referees for a Rocky Mountain High School Wrestling match. 150 people benefited by the involvement of the club.

Student transitions

Facility Operations

- *Jordan Williams*, Interim Facilities Coordinator, worked with the Department of Athletics to help two student-athletes complete their internship as part of a summer class. The internship program allows student-athletes to get work experience outside of their sports during the off-season. The two facilities interns shadowed Building Managers working in the fitness center, which involved cleaning, customer service, and risk management. The interns also spent time at the Service Center.

Outdoor Programs

- The Outdoor Program collaborated with the Orientation and Transition Programs to host a number of Preview Mountain Experience students on the Fridays prior to traveling to Pingree Park. During these sessions, incoming students were given an informal presentation of the Climbing Wall, Outdoor Program, Gear Rental Program, and Resource Library.
- The Climbing Wall hosted the Transfer Outdoor Adventure Community in February as part of a continued partnership between Orientation and Transition Programs and the

Climbing Wall / Outdoor Program. *Andy Nelson* served as staff advisor to the Transfer Community in the Spring 2014 Semester.

- The Outdoor Program continued its partnerships with Orientation and Transition Programs (OTP) to offer second year and transfer student trips including rock climbing and a 14er Service Project. The service project is also collaboration with the Colorado 14ers Initiative, a non-profit organization working to protect and conserve Colorado's 14,000ft peaks.
- The Outdoor Program continued its partnerships with Orientation and Transition Programs to offer Year 2 @ CSU Snowshoeing and Learn to Ski/Snowboard trips in the spring. Additionally, the Outdoor Program participates in the Year 2 @ CSU Conference by presenting two 30-minute sessions on the Outdoor Program and outdoor recreation opportunities in the Northern Colorado.
- *Andy Nelson* served as Staff Mentor to the Transfer Outdoor Adventure Community, a transfer student group based out of Orientation and Transition programs. Together the group accomplished and held numerous outdoor recreation based activities and meetings throughout the Spring 2014 Semester as well as participated in a variety of Outdoor Program sponsored trips and events.

Stewardship

Facility Operations

- After training 17 new Recreation Assistants through RamCT using the materials put together in the summer, the rest of the Facilities staff was added to RamCT at the beginning of November. Facilities-specific manual quizzes were included, and one Building Manager is in charge of keeping the RamCT facilities documents up-to-date. Optional weekly quizzes are uploaded as well to help keep people on the same page.
 - The Recreation Supervisors were assigned one quiz per month to keep fresh their knowledge of emergency action protocols and policies/procedures.

Facility Scheduling & Event Management

- Lower facility rental rates and staffing charges have created an opportunity for Campus Recreation to better serve campus partners. Ongoing collaboration continues with OCS, and the results of efforts thus far were clearly visible with summer camps and conferences this summer as issues around access and policy enforcement have greatly improved.

Member Services

- The Assistant Director of Member Services and the Assistant Director of Sport Clubs worked together to implement the online DocuSign software to the Affiliate Membership Approval Process. This result of this implementation has been very positive both from the potential member side as well as the Member Services processing side.

Sport Clubs

- Sport Clubs partnered with the CSU Development Office to teach coaches about fundraising and donation opportunities.

Campus Recreation Highlights

Presentations and Publications

- *Brittany White*, Communications Manager, served on the DSA Image Committee.
- *Erin Patchett*, Assistant Director of Facilities and Aquatics, and *Jason Foster*, Facility Scheduling and Event Management Coordinator were chosen to present their research on transgender participants in campus recreation at a state workshop for CPAC (Collegiate Personnel Association of Colorado) in Denver, Colorado hosted at Regis University.
 - They also did a poster presentation of the same research at the 2014 NIRSA Annual Conference in Nashville, Tennessee.
- Fitness Coordinator, *Michelle Gehret*, and Personal Trainer Manager, *Lauren Presley*, co-presented at the NIRSA National Fitness and Wellness Institute in Denver, Colorado in October.

Honors and Recognitions

- The *Colorado State University Climbing Team* traveled to Melbourne, Florida, to the Collegiate Climbing Nationals. Climbing Wall Assistant *Andrew Lee* took 2nd in Speed Climbing, Senior *Owen Graham* took 2nd in Men's Sport Climbing, and Freshman *Delaney Miller* took 1st place in Women's Sport Climbing. The *Climbing Team* as a whole took 3rd in Team Standings. The Climbing Team also officially became recognized as a Sport Club in late April. *Andy Nelson* served as Staff Advisor during the team's tenure as a registered student organization.
- *Cole Schumacher*, Recreation Supervisor, was featured in a summer issue of the College of Business newsletter. (<http://biz.colostate.edu/newsevents/pages/articles/ColeSchumacherMMP.aspx>).
- *Erin Patchett*, Assistant Director of Facilities and Aquatics, completed Building Proctor Tier 4 training.
- *Suzi Stasi*, Building Manager, completed her EMT certification.
- *Connor Shane*, Building Manager, was chosen to assist with the event execution of the USA Gymnastics Men's Qualifier in July 2013 and was again chosen to assist with the event execution of the USA Gymnastics Men's Qualifier in July 2014
- Recreation Supervisor *Breanna Snyder* was nominated for and received the 2014 William N. Wasson Student Leadership & Academic Award through NIRSA. This award recognizes top undergraduate and graduate students who are participants of and/or

employed by the Department of Recreational Sports and gives NIRSA an opportunity to honor outstanding student leaders who are active participants, employees, and/or volunteers at their institution.

- *Erin Patchett and Jason Foster* received the Colorado Association for College Personnel (CPAC) Significant Research Award.
- *Erin Patchett*, Assistant Director of Facilities and Aquatics, received the Anthony J. Chivetta Scholarship from the National Intramural-Recreational Sports Association (NIRSA) Foundation to attend the 2013 National Recreational Facilities Institute and Aquatics Institute co-located in Denver, CO in October 2013. She also served as a volunteer session monitor.
- Recreation Assistant *Justin Green* broke the school record in the heptathlon during the indoor Track and Field season. He then qualified for nationals in March where he placed thirteenth in the nation.
- *Gabrielle Talbot*, a Recreation Assistant, placed third in the nation with her team during the USA Synchronized Figure Skating competition in February.
- *Pemeber Hedger*, Personal Trainer and RamFit Instructor, was awarded first place in the Fitness category for the 2013 NPC (National Physique Committee) Colorado State Championship.
- Students from the Shotokan Karate class attended the International Shotokan Karate Federation National and Collegiate National tournament held in Cincinnati, Ohio.
 - *Toru Ishii* (volunteer assistant instructor)
 - 2nd place Collegiate Brown and Black belt Forms
 - Member of the Mountain States regional team that took 3rd place in team sparring (non-collegiate).
 - *Eric Mascoe*
 - 2nd place Collegiate Brown and Black belt sparring.
 - 3rd place Men's Brown Belt sparring (non-collegiate)
 - CSU Team (*Toru Ishii, Eric Mascoe, Nick Geyer*)
 - 2nd place Collegiate Team Forms.
 - 3rd place Collegiate Team Sparring.
- Personal Trainer, *Morgan Griffin*, was offered and accepted an internship with Kim Lyons, health and fitness expert, for her new business called "Bionic Body." This was a result of meeting Kim at the RamRecharge Kick-off.
- Muay Thai instructor, *Brian Scrapper*, won a fight at Army vs. Marines V MMA (Mixed Martial Arts) in the Budweiser Events Center in April 2014.
- *Brandon Ohr*, Intramural Sports Manager and Official
 - represented Colorado State University Intramural Sports as a student official at the National Intramural-Recreational Sports Region V Flag Football Tournament in Lincoln, NE, in October, 2013
 - selected to serve on the All-Tournament and Officials' Committees at the at the National Intramural-Recreational Sports Region V Basketball Tournament in Lincoln, NE, in March, 2014

- selected as one of only 30 student officials in the country to officiate at the National Intramural-Recreational Sports National Basketball Championship Tournament in Raleigh, SC, in April, 2014
- received a scholarship for the NIRSA J. Michael Endowed Scholarship award to be used for the J. Michael Dunn Student Professional Development Workshop at the 2014 National Intramural-Recreational Sports Association Annual National Conference
- obtained a Graduate Assistantship in Intramural Sports and Sport Clubs at Winthrop University in South Carolina, to begin in August, 2014
- *Adam Hickle*, Intramural Sports Manager and Official
 - represented Colorado State University Intramural Sports as a student official at the National Intramural-Recreational Sports Region V Flag Football Tournament in Lincoln, NE, in October, 2013
 - selected to serve on the All-Tournament and Officials' Committees at the at the National Intramural-Recreational Sports Region V Basketball Tournament in Lincoln, NE, in March, 2014
 - obtained an Internship as a Coordinator for Intramural Sports at the University of Vermont, to being in June, 2014
- *Arienne Judy*, Coordinator, Intramural Sports
 - selected to serve on the All-Tournament Committee at the National Intramural-Recreational Sports Region V Flag Football Tournament in Lincoln, NE, in October, 2013
 - selected to serve on the All-Tournament and Officials' Committees at the at the National Intramural-Recreational Sports Region V Basketball Tournament in Lincoln, NE, in March, 2014
- The Assistant Director of Member Services, *Heather Foster*, currently:
 - serves on the NIRSA Conference Program Committee
 - serves on the NIRSA Foundation Scholarship Committee
 - serves as a faculty/staff member on the CSU Campus Recreation Sport Club Advisory Board
 - serves as the faculty/staff advisor on the CSU Campus Recreation Men's Ice Hockey Sport Club
 - serves as a staff member on the Division of Student Affairs Professional Development Committee
 - completed the Colorado State University Student Affairs and Higher Education Online Certificate
 - completed the NIRSA School of Recreational Sports Management, Level 1 in Portland, Oregon in June 2013
- *Andy Nelson*, Outdoor Program Coordinator was awarded a \$750 scholarship to attend a technical mountaineering course with the American Alpine Institute for use any time before the end of 2015. Andy was awarded this scholarship at the annual Association of Outdoor Recreation and Education (AORE) Conference in College Park, Maryland in November 2013.

- Sport Clubs Assistant Director, *Aaron Harris*, chaired the committee and hosted the 2013 Colorado Sport Club Directors Workshop.

Sport Clubs

- The Men's Soccer club won the NIRSA Region V Soccer tournament and finished the NIRSA National Championship Tournament with an undefeated record.
- The Women's Soccer club won the NIRSA Region V Soccer tournament and finished the NIRSA National Championship Tournament with an undefeated record.
- The Men's Rugby Team qualified for the College Seven's National Tournament and took second in the Shield Championship.
- CSU Senior Steve Mantell finished as the 11th fastest amateur in the world at the Ironman 70.3 World Championships.
- The Alpine Ski club qualified for the US Skiing Association National Championships. The Women's team finished 10th in the nation.
- The Baseball club won the National Collegiate Baseball Association Mid-West Regional Tournament and qualified for the national tournament.
- The Cycling club finished fourth in the country in the USA Cycling national standings. The club is the highest ranked club team in the country.
- The Disc Golf club finished fourth in the country at the US Disc Golf Association College National Championships.
- The Figure Skating club finished the season ranked ninth in the country in the US Figure Skating Association rankings.
- The Women's Ice Hockey club finished the season ranked 12th in the country in the American Collegiate Hockey Association Division I rankings.
- The Inline Hockey club won the US Inline Association regional tournament and qualified for the national tournament.
- The Men's Lacrosse club finished their season ranked fourth in the country in the Men's College Lacrosse Association rankings and qualified for the national tournament.
- The Women's Lacrosse club won the Women's College Lacrosse Association rocky mountain regional tournament and qualified for the national tournament.
- The Men's Rugby club qualified for the USA Rugby College D-1A National Championship tournament.
- The Synchronized Swimming club finished 13th at the Synchronized Swimming national championships.
- Senior Steve Mantell finished third in both the Sprint and Olympic races at the USA Triathlon National Championships.
- The Men's Volleyball club finished eighth in the country at the National Club Volleyball Federation National championship tournament.
- The Wrestling club finished 54th in the country at the National Club Wrestling Association National Tournament.