

**CAMPUS RECREATION  
FY12 ANNUAL REPORT  
Executive Summary**

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Executive Director  
July 2012**

Campus Recreation is an auxiliary operation within the Division of Student Affairs that provides healthy lifestyle oriented programs, events, and services to Colorado State University students and employees via seven program areas: Student Recreation Center, Fitness, Aquatics, Intramural Sports, Sport Clubs, Outdoor Program/Climbing Center, and Challenge Ropes Course. Six support areas comprised of the Service Center, Business Office, Information Technology, Communications/Marketing, Custodial Services, and Maintenance supplement the program area functions and provide seamless customer service to CSU students, employees, families and affiliates.

FY12 was the second year of operations in the expanded and renovated Student Recreation Center, with the focus on analysis of operations and programs in order to effectively budget and develop strategic plans for the department. Mechanical facility systems were tested and corrected during seasonal cycles while programming delivery and outcomes were analyzed for meeting fiscal projections and student needs. With the late spring semester 2011 opening of the aquatic center, operational and staffing costs projected for FY12 were underestimated in part due to the high use by students, employees and families, and mechanical/chemical system issues that required monitoring and adjustments throughout FY12. During the second half of FY12, personnel management dominated staff responsibilities and the work environment: two administrative position vacancies within two months necessitated shifting staff positions, responsibilities, and supervision reporting lines. Campus Recreation staff worked together to facilitate the changes and assume permanent or temporary roles for the department.

FY12 was a year of responding to growth in student use and programming, analysis of operations and budgeting, responding to personnel changes, and planning to improve overall effectiveness and fiscal efficiencies. It also saw continued excellence in delivery of programs and services by professional and student staff to the university community and celebrating student achievements that received local and national attention for Campus Recreation and Colorado State University.

Highlights of Campus Recreation accomplishments that impacted a broad spectrum of the CSU community, and aligns with Division of Student Affairs Strategic Plan goals include:

- The final phase of the Student Recreation Center construction was completed in the aquatic center in Fall 2011. The pool construction provided on-deck office space for administrative lifeguard duties and environmental and aesthetic enhancements to the exterior façade, completing the architectural design for a 100% renovation of the original building that complies with LEED Gold certification for the entire facility.
- Campus Recreation Sport Club Program supported 6 Health and Exercise Science Department student practicum experiences in the Injury Care program in fulfillment of Bachelor of Science degree requirements.

- A first-time offering of a Basic Athletic Training class, taught by Campus Recreation Athletic Trainer Certified staff, met an unfilled need for CSU students as evidenced by filling and generating a waitlist of 20+ students. The 12-week evening class taught participants about the field of athletic training, fundamental prevention and treatment skills, and provided application through hands-on experience with the Sport Club program.
- Collaborating with Orientation and Transition Programs, the Outdoor Program developed a series of outdoor experiences specifically designed and marketed to second year students. These unique day trips provided an opportunity for targeted social interactions and outdoor skill building, while helping to engage and retain students during their second year at CSU. The Fall “*Year 2 @ CSU: Outdoor Experiences*” had 29 participants for the trips, with 100% responses to post-trip surveys indicating a ‘positive impact’ on their second year experience at CSU. This collaborative outreach effort will be continued.
- Two Campus Recreation Sport Club teams achieved the highest level attainable in their sport, garnering national recognition for CSU during FY12:
  - ✓ Disc Golf won the 2012 Men’s National Championship at the National Collegiate Disc Golf Championships, a remarkable feat in their first year as a club sport.
  - ✓ Men’s Lacrosse won the 2012 Men’s Club Lacrosse Association National Championship, the club’s 5<sup>th</sup> national championship that is also a record for an individual club in the MCLA.
- The Campus Recreation Outdoor Program piloted a 7-day backpacking trip for CSU students to the Navajo Reservation in southern Utah and the Rainbow Bridge National Monument. The route utilized provided a unique perspective into one of the most historically and spiritually significant areas in the Navajo nation.
- The Campus Recreation Challenge Course collaborated with SLiCE (Student Leadership, Involvement, & Community Engagement Office) and the Office of International Programs to provide a ropes course program with Spanish-speaking student facilitators for participants of the UADY (University of the Yucatan) exchange program.
- In spring 2012 Affiliate Memberships to the Student Recreation Center were implemented, which strengthens the mission of Campus Recreation by providing opportunities for CSU affiliated members of the university community to stay connected and interact with current students. Collaboration between CSU Admissions, Department of Human Resources, Department of Military Science, Alumni Association, CSU OnlinePlus, and Campus Recreation provided CSU retirees, CSU degree granted alumni, CSU Osher Institute members, CSUGlobal faculty and students, and CSU ROTC faculty and staff access to Campus Recreation programs, services and facilities.

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## Accomplishments supporting Division of Student Affairs Strategic Plan / Goals

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### Division of Student Affairs Strategic Goal: Assure excellence in academic programs

- **Learning outcomes: Evaluate and assess student learning**
  - ✓ The bloodborne pathogen training required for Campus Recreation student employees supervising activities at the Student Recreation Center, two auxiliary facilities, and the Intramural fields was revised and moved to an online format using RamCT for the educational component, with the hands-on skill training component conducted on-site at the Student Recreation Center. The new procedures and testing received positive feedback from student employees for both the learning and practical application modules, contributing to providing a safe environment for participants in Campus Recreation programs. The new process also meets the University's new policy on blood/vomit clean-up implemented by CSU Environmental Health Services.
  - ✓ Campus Recreation Sport Club Program supported 6 Health and Exercise Science Department practicum experiences to students in the Injury Care program in fulfillment of Bachelor of Science degree requirements.
  - ✓ A first-time offering of Basic Athletic Training class, taught by Campus Recreation Athletic Trainer Certified staff, met an unfilled need for CSU students as evidenced by filling and generating a waitlist of 20+ students. The 12 week evening class taught participants about the field of athletic training, fundamental prevention and treatment skills and provided application through hands-on experience with the Sport Club program participants.

### Division of Student AFFAIRS Strategic Goal: Create distinctive undergraduate experiences

- **Active and experiential learning: Incorporate opportunities for active and experiential learning**

*Campus Recreation staff deliver a myriad of traditional and alternative program offerings, events and services to the CSU community. Each year staff strives to enhance services and activities with new or revised programmatic initiatives/ innovations that strengthens student employees' and participants' development and leadership opportunities.*

- ✓ Through the Campus Recreation Student Leadership Program, certificates were awarded to 7 students for completing sessions on diversity, teambuilding, human relations and personnel management skills during fall semester. These skills are applicable to and will enhance their positions as student employee managers and supervisors.
- ✓ The Men's and Women's Ultimate Frisbee Club members assisted with coordination of the Summer Ultimate Frisbee League, providing opportunities for students to build connections with community members and develop skills in leadership, organization, and budget management.

- ✓ Outdoor Programs offered a new series of activities titled “Outdoor Week” held in October. Seven different classes, events, and trips with low time and low financial commitments attracted 114 unique participants, many of whom do not traditionally participate in outdoor programs. A similar series, “Winter Week”, which was offered in February, attracted 190 unique participants.
- ✓ Student Marketing Assistants and Building Managers were provided a development opportunity through involvement in the hiring process for vacant positions in the respective areas. Students reviewed applicant’s resumes, cover letters, personal statements and applications prior to conducting in-person interviews and contributing in the final selections to fill vacancies.
- ✓ Eight Red Cross instructors received Red Cross instructor update training in July 2011 at the Student Recreation Center in order to remain certified to teach classes.
- ✓ The “Mile-High Challenge” encouraged climbing wall use as a fitness opportunity. Participants logged their climbs tracking vertical progress up the wall (approximately 150 climbs equals 5,280’). Three of the 52 participants completed the entire mile and received recognition and prizes for their efforts.
- ✓ Two lifeguards were awarded funds from the David Karspeck Memorial Fund, established to improve aquatic safety and advance prevention skills, to attend aquatic trainings focused on furthering knowledge and practical skills in lifeguarding and emergency response. The attendees share knowledge with peer lifeguards to enhance safety for users of aquatic center. The Karspeck Memorial Fund also supported Campus Recreation’s registration for the Lifeguard Games.
- ✓ The Outdoor Program piloted a women’s outdoor climbing trip, Women Rock!, led by two student female Outdoor Program Trip instructors and one student female Climbing Wall assistant who helped structure, plan and deliver the course. 100% of the participants reported being either “satisfied” or “extremely satisfied” with the experience.
- ✓ Outdoor Programs offered a new series, “Outdoor Week”, held during fall semester. Seven different classes, events, and trips with low time and minimal financial requirements attracted 114 participants. A similar series, “Winter Week”, was offered during spring semester that attracted 190 participants. Both series successfully attracted students who do not traditionally participate in outdoor programs, thus enhancing their exposure and enjoyment of outdoor activities and skills.
- ✓ Synchronized swimming and disc golf student organizations completed the process of applying for admission to the Sport Club program and were accepted for the initial probationary year of membership.

- ✓ Student Marketing Assistants were exposed to a wide variety of marketing options with assignments in multiple Campus Recreation program areas working on collateral materials. Working with various programs Coordinators and Assistant Directors provided a realistic client interaction transferable to marketing firm environment.
- ✓ The Sport Club Program supports student development/experiential learning and facilitates teams achievement of goals:
  - The Sport Club coaches' education program overhaul was completed to include more components of student affairs education. A majority of coaches view this new program as more informative and successfully conveys expectations.
  - Policies were enacted and communicated to sport club team officers for clubs that fail to provide proper notification for cancelling practices and games.
  - Sport Club staff from across Colorado agreed to changes in the format of the Men's and Women's Soccer leagues. Implementation of set schedules and standardized requirements to qualify for the national tournament were adopted.
  - Logging Sports club hosted and won the fall Chopping Challenge, with seven colleges participating in the tournament.
  - Men's and Women's Soccer clubs qualified and participated at the NIRSA Soccer National Championship, Championship Division.
  - Women's Rugby qualified and participated at the national tournament.
  - The Alpine Ski Team participated at the United States College Skiing Association National Championships.
  - Men's Ice Hockey qualified and participated at both the American Collegiate Hockey Association Division II and Division III National Tournaments.
  - Men's Rugby participated in the USA Rugby Division 1A league as one of the top 32 schools in the country.
  - The Cycling club finished the year ranked eighth in the country by USA Cycling.
  - The Inline Hockey club finished tenth in the country at the US Inline National Championships.

**Division of Student Affairs Strategic Goal: Expose students to diverse cultures**

- **Campus diversity: Foster a campus culture that attracts and supports a diverse student body and promotes a diverse culture in which to grow, student and learn; foster learning across differences and a focus on equity for all students.**
  - ✓ The Service Center collaborated with the Intensive English Program (IEP) offered by CSU to create special membership opportunities for international and diverse student populations to promote and orient international students' use the Student Recreation Center.
  - ✓ The Service Center Coordinator collaborated with CSU's Upward Bound Program to create a special membership for underprivileged children enrolled in the program. Approximately 77 youth took advantage of the Upward Bound Student Recreation Center membership.

- ✓ The Outdoor Program piloted a 7-day backpacking trip to the Navajo Reservation in southern Utah to visit the Rainbow Bridge National Monument. The route utilized provided a unique perspective into one of the most historically and spiritually significant areas in the Navajo nation.
- ✓ The Challenge Course provides volunteer Spanish-speaking facilitators for the UADY (University of the Yucatan) exchange program in collaboration with SLICE and the Office of International Programs.

**Division Of Student Affairs Strategic Goal: Integrate academic and co-curricular experiences**

• **Student engagement: Increase student participation in a broad array of leadership, civic involvement, intercollegiate and intramural sports, safety and well-being.**

- ✓ The Outdoor Program piloted a women's outdoor climbing trip – “Women Rock!” – in which 9 women participated. The trip was led by two female Outdoor Program Trip instructors and one Female Climbing Wall assistant. 100% of the participants reported being either “satisfied” or “extremely satisfied” with the experience. In addition, the instructors indicated that the experience was exceptionally rewarding and empowering because there was not a male presence on the trip.
- ✓ “Women on the Wall”, an evening dedicated to offering women's specific climbing wall instruction and small group skills workshops led by female climbing wall assistants, attracted 23 women. All reported being either “satisfied” or “extremely satisfied” with the event.
- ✓ The Massage Therapy Program assumed coordination of the chair massage outreach program as a result of the CSU Health Network closing the Wellness Zone in the Lory Student Center. Over the course of the year, Campus Recreation massage therapists organized and provided chair massage services for at least a dozen different campus events.
- ✓ The Injury Care program expanded the baseline concussion evaluation program to include a total of 8 teams: Men's Ice Hockey, Men's Lacrosse, Men's Rugby, Men's Soccer, Women's Ice Hockey, Women's Lacrosse, Women's Rugby and Women's Soccer.
- ✓ Sport Club teams engaged in numerous experiences both on-campus and in the local community during the 2011-2012 academic year :
  - The Sport Club program, Greek Life Office, and Athletics collaborated in offering a hazing awareness workshop that educated participants on hazing related issues.
  - Sport Club monthly meetings were changed from large group meetings with all clubs to monthly individual club meetings. This improved communication of information between the Sport Clubs Program Office and individual club officers, members and coaches.
  - The Triathlon club members volunteered as timers at a high school swim meet.
  - The Baseball club volunteered at Phoenix Children's Hospital while at a tournament.
  - The Crew club participated in CSUnity.
  - The Figure Skating club volunteered as instructors at Fort Collins Figure Skating Club events.

- The Men's Ultimate club volunteered time to the operations of the ASCSU RamRide Program.
  - The Polo club donated horses to the therapeutic riding club.
  - The Women's Volleyball club participated in Relay for Life, raising funds for breast cancer research.
  - The Shotgun Sports club members taught shooting safety and techniques to local 4H groups.
  - The Women's Ice Hockey club members coached multiple local youth hockey teams.
  - The Wrestling club members volunteered as referees for a local youth wrestling tournaments.
  - The Baseball club volunteered for the annual CSU tradition, painting of the "A".
  - The Men's Ice Hockey team partnered with Northern Colorado Youth Hockey to offer free clinics to teach over 100 area youth hockey skills and drills; coordinated the annual police officer vs. fire fighter hockey game to raise funds donated to CSU Ram Ride; and invited underprivileged children to practices and games, making them honorary club members.
  - The Women's Lacrosse Club members held a free workshop for local female lacrosse players; and volunteered as camp counselors for a Fort Collins girl's youth lacrosse camp.
  - The CSU Men's Lacrosse Club members hosted the Lacrosse Summer Camp for youths 7-18 years of age, with members serving as camp counselors.
- **Assessment Systems: Provide transparent measures of accountability**
    - ✓ A participant survey was conducted for the Summer Ultimate League and 94.7% of respondents were satisfied with the league format and structure.
    - ✓ A survey was conducted with Summer Ultimate League participants, with 78.9% of participants reporting greater satisfaction with clothing/gear products purchased for the league.
    - ✓ Approximately 70 Facility Operations student staff members undergo a formal evaluation each semester. Student Building Managers and Recreation Supervisors perform several written evaluations through the course of the semester, with evaluations are compiled into a formal evaluation toward the end of each term. On average, nearly 90% receive "satisfactory" or higher on the evaluations.
    - ✓ Evaluation forms were provided at the end of all Red Cross courses offered throughout the year. On a scale of 1 to 4 (1 strongly disagree, 2 disagree, 3 agree, 4 strongly agree), all items evaluated averaged a score of 3.70.
    - ✓ Erin Patchett (ERPS Coordinator), Heather VanHall (Service Center Coordinator) and Lindsey Fera (Facilities Coordinator) collaborated on a department-wide audit program. The program was tested first within the facilities staffing area and then submitted to the department Risk Management Committee for implementation for all program areas.
    - ✓ Approximately 43% of Challenge Course groups returned post-course evaluations during the summer with an average score was 4.79 out of 5. However, return rate for participation dropped

significantly during the fall semester. An online survey/evaluation was developed in the fall and beta tested in the spring semester to improve response rate during semesters.

- ✓ Nearly 100 audits were conducted with the student lifeguarding staff throughout the year. Audits consisted of aquatic rescue, CPR/AED, and First Aid and 100% of the students audited passed successfully.
- ✓ The Sport Clubs program completed a university audit, which resulted in significant changes to the status of the Polo Club in the Sport Club Program with the Animal Science Department partnering with the Campus Recreation to share administrative oversight of the Polo club.
- ✓ The biennial Sport Club Officers survey was conducted at the end of the fall semester. The survey was conducted through Student Voice of all students self-identified to be Sport Club Officers. The survey utilized questions from the 2007 and 2009 surveys for baseline comparisons. Results found that:
  - 94% of officers reported to either be very satisfied or satisfied with Sport Club staff. This is a 9% increase from the 2009 survey. This data shows that staff is able to effectively assist officers through paperwork.
  - 62% of officers reported to either be very satisfied or satisfied with the scheduling process. This is a 21% increase from the 2009 survey. This data shows that the changes to the scheduling process have been successful.
  - 94% of sport club officers prefer to have monthly individual meetings with the Sport Club Office rather than large group monthly meetings. In 2011 there was a change from monthly large group meetings, to monthly individual club meetings.
  - 50% of respondents want the Sport Club program to focus on competitive groups rather than recreational components of clubs. This is an 18% reduction from 2009. This question will have an increased focus in the 2013 survey to determine the trend.
- ✓ During summer of 2011, Outdoor Programs assessment tools were redesigned to include more quantitative results. Responses from 62 participants over the course of FY12 found that:
  - 38.7% were freshman, 11.3% were sophomores, 9.7% were juniors, 12.9% were seniors, 16.1% were grad students, 3.2% were faculty/staff, and 8.1% were community members
  - 79% were female and 21% were male
  - Overall, 96.8% of participants reported that the course either met or exceeded their expectations
  - Only 2 respondents (3.2%) reported that the course “failed to meet” expectations
  - Out of 4 stars, the courses received an average of 3.97 stars for safety, 3.81 stars for fun, and 3.79 stars for information taught.
  - On average, participants reported an increase in their knowledge of the activities by 61%, and increase in their technical skills by 55%, an increase in their ability to lead a trip like this on their own by 59%, and an increase in their understanding of Leave No Trace practices by 20%.
- ✓ A comprehensive safety audit was completed at the climbing wall and highlighted areas for improvement related to maintenance, safety, and documentation procedures. As a result, the following changes were made to the climbing wall operation:

- Addition of daily inspection and communication log
  - Addition of weekly, monthly, and semester maintenance logs
  - Creation of climbing wall equipment retirement procedures to exceed industry safety standards
  - Addition of supplementary staff training documentation to record technical and wall-specific training outside of current department employee requirements
  - Comprehensive redesign of lead climbing policies and procedures to ensure more stringent baseline requirements, more consistent test procedures, and more diligent staff monitoring of lead climbers and belayers.
  - Development and testing of new stringent cleaning procedures to ensure a sanitary and safe environment for all staff and participants.
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- **Division Of Student Affairs Strategic Goal: Provide quality venues and related services**
    - ✓ The Student Recreation Center recorded 824,736 visits during FY12, of which 56% were male and 44% female, with 72% or 593,818 visits by CSU students.
    - ✓ In collaboration with the President's Office, Benefits Office, and Anthem Blue Shield, Campus Recreation offered subsidized employee memberships for the second year, providing affordable healthy lifestyle opportunities to university employees.
    - ✓ Campus Recreation successfully hosted freshman welcome and orientation activities including: the Parent Family Reception with President Tony Frank; freshman packet pick-up; freshman Student Recreation Center facility orientation; and the College of Natural Resources Student Welcome.
    - ✓ An aquatic email listserve was created and advertised for Student Recreation Center pool users to opt for emails about pool closures or situations impacting pool availability such as a high volume of users or closure of aquatic center activity areas. The aquatic email listserve has grown to 103 members.
    - ✓ Campus Recreation was honored to be selected as the location for the Colorado State University 1870's celebration. The Student Recreation Center was transformed into an elegant venue, hosting approximately 600 attendees for a reception, dinner and address by President Frank and Vice President for University Advancement, Brett Anderson. Campus Recreation operations, custodial, and maintenance student and professional staff from staff played key roles in the preparations, event facilitation and returning the venues to regular operational status.
    - ✓ Unique Challenge Course clients have emerged during the spring of 2012, providing teambuilding programs specific to each groups needs. These included InnerBalance Health Center (drug and alcohol rehabilitation and recovery clients); Larimer County Corrections (convicted individuals living in a transition environment prior to release); Sexual Assault Victims Advocacy (SAVA) program for middle school aged students (early awareness training to prevent sexual assault;

Child Division of Student Affairs, a local non-profit focusing on child and family centered therapy for sexual abuse; and Geometry in Construction, a grant-funded high school experience that combines Loveland High School students with Habitat for Humanity through a geometry and construction trades class.

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**Accomplishments supporting Division of Student Affairs Emphasis:  
Enrichment of Human Resources**

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- ✓ On-campus employment supports student retention via monetary and involvement opportunities for CSU students. Campus Recreation, one of the 3 largest on-campus student employers, provided jobs for 330+ student employees during FY12, of which 48% female, 51% male, and 11% classified as minority or underrepresented students, an outcome of intentional hiring practices to maintain a diversified student staff.
- ✓ The Service Center provided a CSU Employee Appreciation Week during the fall and spring semesters to promote engagement of CSU Employees in a healthy and active lifestyle. CSU employees enrolling in a membership options during this week not only received personalized information, but also free semester of towel service, a free Personal Training session, and additional service options.
- ✓ The Department of Campus Recreation supports CSU employee initiatives by donating memberships, towel service, and mind/body and cycle passes for the Division of Student Affairs Employee Appreciation Event and New Employee Orientation, and CSU Administrative Professional Council and Classified Personnel Council's Employee Appreciation Day. Campus Recreation also donates multiple gift certificates, free massages, free memberships and more to the Administrative and Classified Personnel Councils, Homecoming 5k, and ASAP Get Fit Program for giveaways and awards.
- ✓ A part-time Certified Athletic Trainer position was created to provide Monday through Friday practice coverage for Sport Club Program teams with the start of fall semester.
- ✓ A new audit program was developed and shared with Campus Recreation professional staff, enabling implementation of emergency audits by student staff. The audit forms were created in a manner that allows non-Red Cross instructors to feel confident testing the skills of student staff.
- ✓ Campus Recreation staff trained Housing staff on how activating Campus Recreation emergency action plan in an emergency in or near the Smoothie Bar located in the Student Recreation Center lobby.
- ✓ Campus Recreation staff worked with university attorney to review a policy restricting Campus Recreation student staff from utilizing first aid training/certification skills while on duty. A new policy was created that allows employees to assist with minor first aid needs.

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**Accomplishments supporting Division of Student Affairs Emphasis:  
Partnerships, relationships, and development**

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- ✓ Listed as one of the “Ram Traditions”, the Ram Welcome event “Hike-to-the-A” is a joint effort between Campus Recreation, Orientation & Transition Programs, CSU Facilities Services, and the City of Fort Collins Natural Resources department. The event saw over 570 students, mostly freshman, participate in the 2.5 mile round-trip hike.
- ✓ Campus Recreation collaborated with LSC Marketing, the Division of Student Affairs, Housing & Dining Services, CSU Health Network on marketing and promoting various activities and publications including Ram Welcome, Homecoming 5K Run, Cinco-Cinco 5K Run, INTO and Frontier Society.
- ✓ As a part of the city of Fort Collins “Roll into Spring” Earth Week events, the Outdoor Program partnered with the CSU Police Department, Housing & Dining Services, and the CSU Bicycle Advisory Committee to plan a bike parade through campus ending at the Student Recreation Center for a Bike-in Movie. Roughly 75 students, faculty, and staff attended the events.
- ✓ In a newly developed partnership with the City of Fort Collins Natural Areas offices, the Outdoor Program piloted seven unique classes and trips fall semester aimed at exposing students to the abundant local natural resources within the city.
- ✓ The Outdoor Program collaborated with the Fitness Assistant Director within Campus Recreation to offer an outdoor yoga class titled: “Little Yoga on the Prairie”. Despite 20° weather on the day of the activity, the offering received a 100% satisfaction rate from survey respondents.
- ✓ Facility Operations partners with the University Scheduling Office to supervise numerous contracted events for community entities at CSU campus auxiliary complexes such as: The Turkey Shoot girls basketball tournament, Fort Collins Track Club, Fort Collins Pole Vaulting Club as well as numerous CSU Greek events.
- ✓ Facility Operations hosted the CSU Relay for Life and partnered with the local American Cancer Society to keep supervision and custodial costs as low as possible.
- ✓ Campus Recreation partners with Health and Exercise Science department to provide student access to shared facilities.
- ✓ Campus Recreation collaborated with the Intercollegiate Athletics to allow access to the Indoor Practice Facility (IPF), for Intramural events and. Facility Operations Managers oversaw all activities to ensure IPF usage policies and procedures were followed intramural participants.

- ✓ Challenge Course staff partnered with a guest lecturer from the Easter Seals Camp of Colorado to provide a four-hour workshop on adaptations, both physical and personal, that will allow increased and open accessibility for more participants. Development has begun on adapting existing Challenge Course elements to work with participants with different levels of ability.
- ✓ The Fort Collins Police Youth Academy, in collaboration with CSU Police Department and Poudre School District, experienced two team building events on the course. These 20+ person events concentrate on involving youth that might otherwise be “anti-police or authority”. The evaluations from the sponsoring agencies are overwhelming positive about the impact of the Challenge Course experience.
- ✓ Collaboration with CSU groups continued at a high rate, with special attention paid to the First Year Mentoring Program in the Orientation and Transition Programs. These short-term teambuilding/high element courses were provided on an ad hoc basis for a nominal fee to any FYMP mentor who requested them.
- ✓ Aquatics partnered with the Health and Exercise Science Department and Department of Athletics from May 7-20 to provide drop-in swim time opportunities to Campus Recreation participants in the early mornings, noon hour, and the evenings at Moby Pool during Campus Recreation pool closure due to construction.
- ✓ Aquatics partnered with the Department of Athletics during to provide 2 lanes on Mondays and Fridays for the NCAA swim team to utilize due to a facility access issue at the competitive pool.
- ✓ Aquatics provided space and staff supervision of snorkeling practice to support the Office of International Programs and their Marine Ecotourism in Marsh Harbour, Bahamas study abroad program.
- ✓ Austin Ord, Head Guard, worked with on campus staff from SLiCE and Housing & Dining Services to develop advanced training for student employees in peer management positions. This training will be implemented when employees return for the fall 2012 semester.
- ✓ The Sport Clubs Program had multiple partnerships during FY12:
  - partnered with the Lory Student Center SLiCE Office to present Sport Club awards at the SOAR Awards Ceremony.
  - The Disc Golf club was awarded a regional qualifying tournament that will allow partnerships within the university and Fort Collins community and an opportunity to showcase CSU and Fort Collins to fans and alumni.
  - Sport Clubs Program partnered with the Colorado Avalanche professional hockey team to host Men’s and Women’s Hockey games at the Pepsi Center in Denver, CO.
  - Men’s Lacrosse Club partnered with Sports Authority Field at Mile High and Colorado University to secure the venue for a neutral game site.

- Sport Clubs and Intramural Sports partnered with Rocky Mountain Student Media to streamline processes for distributing information and competition results to Student Media.
- The Sport Clubs office partnered with staff from the University of Colorado in creating [www.csuvsu.com](http://www.csuvsu.com) to provide a single website for information about sport club events.
- Sport Clubs partnered with the Alumni Association to utilize sport club competitions as Alumni Association events, resulting in the development of an ongoing effort to promote CSU Sport Club events across the country.
- Sport Clubs partnered with the Colorado Springs Sky Sox to host a game at Security Services Field in Colorado Springs between the CSU and CU Baseball clubs.
- Sport Clubs increased efforts with the CSU Development Office to raise more awareness and fund raising for Sport Club teams.

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**Accomplishments supporting Division of Student Affairs Emphasis:  
Student transitions**

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- ✓ The Men's and Women's Ice Hockey clubs hosted games at the Pepsi Center in October. The games raised awareness for both of the clubs to potential freshmen and alumni.
- ✓ The Facility Operations staff invited Assistant Director, Facilities and the Executive Director to attend and open "Town Hall" meeting during the March Facilities In-Service. A very helpful open exchange of ideas and honest answers to the staff's question were well received. Feedback from the Town Hall was very positive and many staff reported that they feel much more comfortable asking questions.

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**Accomplishments supporting Division of Student Affairs Emphasis:  
Stewardship**

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- ✓ The Sport Club Program collaborated with the Intercollegiate Athletics to coordinate parking at football games, resulting in \$15,500 in fundraising brought into student organization accounts.
- ✓ Campus Recreation moved from producing three publications advertising programs and services, to printing one annual Rec Guide, reducing overall printing and design costs. The new format provides basic information, with details on the Campus Recreation web site. This allows for a more nimble opportunity to make changes and supports technology preferences of students.

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## Campus Recreation Presentations, Publications, Honors and Recognitions

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### Student Staff

- ✓ Austin Ord , Aquatics Manager and Recreation Supervisor
  - served on the Campus Recreation Student Advisory Board
  - nominated and awarded the 2011 Pacesetter Award for campus involvement and high academic achievement
  - awarded funding from the Campus Recreation Student Development Fund to attend the NIRSA Region V Conference and Student Lead-On at the University of Iowa
  - in conjunction with the Erin Patchett, Emergency Response/Prevention & Safety Coordinator, and Heather VanHall, Service Center Coordinator, presented at the NIRSA Region V Conference on Student led Emergency, Customer Service, and Policy Audits
  - selected for a graduate assistantship in Aquatics at the University of Kentucky
  - received the following scholarships and awards from the National Intramural-Recreational Sports Association (NIRSA)
    - J. Michael Dunn NIRSA Workshop Scholarship for attendance to the NIRSA National Conference
    - Region V Endowed Scholarship for attendance to the NIRSA National Conference
    - William N. Wasson Leadership In Academics Award
- ✓ Matthew McCarthy was selected for a graduate assistantship in Intramural Sports at the University of Iowa
- ✓ Rachel Griess, Recreation Supervisor, served as a CSU peer mentor, leading a group of freshman in artistic and creative development completing arts and craft projects.
- ✓ Conner Shane, Karin Bainer, Bre Snyder, Erin Lewin, Nikki Stromberg, Allie Wilson, and Leah Gonzales were awarded certificates for completing the Campus Recreation Student Leadership Series
- ✓ Jessica Knewitz, Rachel Washington, and Kayla Bay were selected and participated in the CSU President's Leadership Program
- ✓ Carrie Curtis, Nick Concialdi, Kat Parker, Kristin Schulze, Dan Rumbles, and Cody Gibgs, Health and Exercise Science majors, completed a practicum with the Sport Club Injury Care program
- ✓ Katie Wondra, Lifeguard, was elected president of her sorority
- ✓ Hunter Brill was selected to participate in a CSU Alternative Spring Break
- ✓ CSU Cyclist David O'Day finished fifth in the USA Cycling Downhill National Championships
- ✓ Jarrod Roan was awarded the individual medalist at the 2012 Men's National Disc Golf Championship Tournament
- ✓ Jarrod Roan and Austin Montgomery were name first-team All Americans at the 2012 Men's National Disc Golf Championship Tournament
- ✓ Andrew Stein was named to the MCLA All-American Second Team at the 2012 Men's Club Lacrosse Association National Championship tournament.

- ✓ Cooper Kehoe and Kevin Wolf were named to the MCLA All-American Third Team at the 2012 Men's Club Lacrosse Association National Championship tournament.
- ✓ Pat Miller was named as an MCLA Honorable Mention All-American at the 2012 Men's Club Lacrosse Association National Championship tournament.
- ✓ Women's Lacrosse finished second in the Women's Collegiate Lacrosse Association (WCLA) National Championship tournament.
- ✓ Hayley Bernstein was named first team All Americans by the WCLA at the Women's Collegiate Lacrosse Association (WCLA) National Championship tournament.
- ✓ Brenna Mefford was named first team All Americans by the WCLA the Women's Collegiate Lacrosse Association (WCLA) National Championship tournament.

### **Professional Staff**

- ✓ Aaron Harris, Assistant Director Sport Clubs Sport Clubs
  - served as a judge for the Greek Life and the SOAR annual awards
  - attended a challenge course facilitator training enabling him to assist the Challenge Course if there is a need
  - led the first ever workshop that brought together Sport Club professionals from Colorado and Wyoming to discuss common issues
  - proctored final examinations for the Resources for Disabled Students Office both fall and spring semesters
  - serves as the Chair of the University Residency Appeals Committee
- ✓ Loretta Capra, Director of Administration
  - completed an eight-year term as a member of the National Intramural-Recreational Sports Association Foundation Board
  - currently is serving a two-year term as a member of the NIRSA Nominations and Appointments Committee
  - presented at the National Intramural Recreational Sports Association national conference in March 2012
- ✓ Heather VanHall, Service Center Coordinator
  - serves as a member of the National Intramural-Recreational Sports Association William Wasson Committee
  - serves as a member of the NIRSA Student Development Committee
  - in conjunction with the ERPS Coordinator, Erin Patchett, and Head Lifeguard, Austin Ord, presented at the NIRSA Region V Conference on Student led Emergency, Customer Service, and Policy Audits
  - proctored final examinations for the Resources for Disabled Students Office both fall and spring semesters
  - supports CSU's Office of Training and Organizational Development by presenting monthly at all CSU New Employee Orientations held at the Lory Student Center
  - completed all four levels of CSU Building Proctor Training offered through the CSU Training and Development Program

- co-authored, with Rachel Griess, Service Center Manager, an article about the Recreation Center was published in the Parents and Family Newsletter in November
  - co-authored with Jake Cohen, marketing graduate assistant, an article about the Recreation Center massage therapy program was published in the Parents and Family Newsletter in May
  - served on the DIVISION OF STUDENT AFFAIRS Image Committee
  - represented Campus Recreation at the INTO Campus Visit Resource Fair
- ✓ Micah Walters, Intramural Sports Coordinator presented at the National Intramural Recreational Sports Association national conference in March 2012.
- ✓ Jake Cohen, Marketing Graduate Assistant, placed first in the American College Personnel Association Winter Case Study Competition.
- ✓ Erin Patchett, Emergency Response/Prevention & Safety Coordinator
- lectured in the Health and Exercise Science department on common athletic injuries
  - in conjunction with the Service Center Coordinator, Heather VanHall, and Head Lifeguard, Austin Ord, presented at the NIRSA Region V Conference on Student led Emergency, Customer Service, and Policy Audits
  - in conjunction with Dr. Judy Muenchow, Campus Recreation Executive Director, served as the honor's thesis committee for Head Lifeguard Austin Ord. His thesis was titled, *"Determining Factors of Superior Lifeguards"*
  - served as internship supervisor for Rachel Washington, a participant in year 2 of the President's Leadership Program
  - served on the advisor board for CEM Sales in Denver, CO
- ✓ Campus Recreation staff and/or resources contributed to Division/University initiatives or events:
- |   |  |
|---|--|
| R.E.A.L. Training   | CSU Employee Benefits Fair                 |
| Black History Month   | CSU Environmental Health & Risk Management |
| Division of Student Affairs New Employee Orientation        | CSU Department of Natural Resources        |
| Community/Student Fall Welcome                              | CSU Health & Exercise Science Department   |
| Residence Halls Meet & Greet                                | CSU Parking Services Appeal Committee      |
| Division of Student Affairs:                                | CSU RamWelcome                             |
| Staff Professional Development Opportunities                | CSU Homecoming/Family Weekend              |
| Affairs Assessment Research & Steering Technology Committee | CSU Preview                                |
| Image Committee   | CSU Next Step                              |
| Resources for Disabled Students Exam Proctors               | CSU Visit Days                             |
| Cinco-Cinco 5K Run/Walk                                     | CSU Cans Around the Oval                   |
| CSU Administrative Professional Council                     | CSU Ambassador Training                    |
| CSU New Employee Orientation                                | CSU RamTracks Tour                         |
|   | CSU Discovery Day                          |