

**DIVISION OF STUDENT AFFAIRS
CAMPUS RECREATION
Annual Report FY2004 – 2005**

DEPARTMENT HIGHLIGHTS 2004 – 2005

DIVISION GOAL 1: Quality programs and services that promote student access, retention, learning, personal development, pride, and a life-long connection to the University.

- The Student Rec Center is open 104 hours weekly and recorded approximately 500,000 student visits composed of 54% male and 46% female.
- The Strength & Fitness Program offers 38 hours of free Group Fitness classes/week with approximately 25,500 student attendees; 16 Mind-Body classes/week with approximately 3,900 participant attendees; personal training services to approximately 200 students; and specialty fitness instructional classes and seminars attended by approximately 400 students.
- The Intramural Sports Program offers over 40 different activities at two campus locations and various off-campus sites with approximately 10,000 student participants annually. The summer Intramural Sports programming was enhanced with additional programming.
- The Challenge Course hosts an average of 24 challenge course programs per month with over 7,800 participants per year, and 115 student groups for a total of 2100 student users. In addition to programs tailored to the specific needs of a group, 12 different pre-programmed courses are available ranging from courses for partners, families, and professional trainings to recreational open houses.
- The Outdoor Adventure Program offers 14 different types of adventure based activities and events exposing approximately 1,000 student participants to a variety of experiences; and approximately 500 outdoor rental contracts provided students with quality outdoor equipment at low prices.
- The Club Sports Program has 28 club teams with approximately 1,000 CSU student members (59% male / 41% female) who compete against other universities regionally and nationally.
- The Non-Credit Instructional Program offers up to 30 sections of classes each semester in 4 different campus locations daily for approximately 600 CSU students.
- Strength & Fitness Program sponsored special events such as the annual Halloween exercise event “Thriller” for 340 student participants; Mind-Body Showcase Event consisting of free demonstrations, workshops, and equipment vendor displays to over 200 student participants; free weight room orientations; Training Tips Tuesdays; and free training clinics and seminars to educate students on proper fitness advancement and exercise technique.
- Outdoor Adventure Program expanded the popular Ram Welcome and Family Weekend “Hike-to-the-A” to promote school spirit.
- Campus provides indoor and outdoor Student Recreation Center facilities and equipment to registered student organizations free of charge.
- Loretta Capra, Karri Smith, and Rodney Ley instructed in the Student Affairs Freshman Mentoring Project.

DIVISION GOAL 2: Partnerships with Academic Affairs and other University departments and programs in the development of learning environments and student recruitment and retention initiatives.

- Campus Recreation Partnered with Health and Exercise Science Department to provide undergraduate practicum and graduate assistantships.
- Outdoor Adventure Program partnered with Department of Physics to offer IU193 “The Physics of Rock Climbing” to 19 freshmen students with three field days of rock climbing.
- Outdoor Adventure Program partnered with the Division of Continuing Education and Department of Natural Resource Recreation and Tourism to offer RR350 and RR351 to over 30 CSU students annually.
- Campus Recreation provides facility space and equipment to support the University CPR/AED training program with Environmental Health Office resulting in over 298 campus community members trained in AED orientation and/or Adult CPR and one life saved.
- Collaborated with Athletics to share facility space in Moby Complex and the SRC to provide students additional programming or athletic practice opportunities.
- Informal Recreation collaborated with CSUPD to offer “On Guard”, a Women’s Personal Safety class for students and community members to heighten awareness about safety issues at CSU and in Ft Collins.
- Informal Recreation collaborated with Office of Conference Services, Athletics, and HES to provide facility space in the Student Recreation Center for summer camps.
- Challenge Course provided community building experiences for Administrative Professional Council luncheon, Housing and Dining Service Annual Meeting, and Student Affairs New Employee Training.
- Challenge Course supervised a SAHE student internship and Natural Resources Recreation and Tourism intern.
- Partnership with University of Northern Colorado’s Recreation Department chair to support practicum student placement at the CSU Student Recreation Center.

DIVISION GOAL 3: Student focused service delivery in a seamless manner.

- Relocated the Challenge Course office to the Student Recreation Center, making the Assistant Director and programming more accessible to the general student population.
- Restored ability to provide outdoor adventure-based recreation activities that were previously eliminated due to inability to secure U.S. Forest Service permits by securing recreational permits with the Colorado State Forest, establishing a Memorandum of Understanding with the University of Wyoming, and securing agreements with the Boy Scouts of America for permission to use recreational land.
- Strength & Fitness Personal Training program provided free fitness assessments at the Ram Welcome event, CSU Health Fair, Resident Hall programs, and at Wellness Zone in the Lory Student Center.
- Adjusted Club Sports & Intramural field scheduling while maintaining competition levels to accommodate continued field restrictions/limitations due to drought conditions.
- Sport Club staff participated on Vice President of Student Affairs sub-committee to establish a formal process for student organization members to be officially excused from academic class / tests when participating or competing in official university related functions.

- Partnered with local Enterprise car rental agency to provide alternative mode of transportation for Club Sport teams when university motor pool vehicles are unavailable.
- Implemented pilot program with State Travel Card for Club Sport teams in cooperation with the Business & Financial Office to simplify travel payments and procedures for club officers.
- Revised Personal Training computer registration process to improve customer contact and service, reducing errors.
- Designed and began construction of three customer service areas to improve service to program participants and facility patrons.
- Changed student staff uniforms resulting in higher visibility for patrons and improving customer contact and assistance.

DIVISION GOAL 4: A civil campus community.

- 143 Campus Recreation student and professional staff members attended diversity / sensitivity training facilitated by Tony Daniels, Rose Kreston, and a student panel.
- Campus Recreation student and full-time staff participated in Cans Around the Oval raising 23,142 lbs of food to benefit Food Bank of Larimer County, placing 2nd overall for the university and losing a bet with the Lory Student Center!
- Department student staff organized “Adopt a Family” event for the 6th consecutive year collecting \$600 in cash donations and \$200 in “wish list gifts” from students and staff to provide, dinner, gifts and gift certificates for a CSU family with a young son suffering from a rare disease, and a Fort Collins community family.
- Revised Challenge Course mission, vision, and values to be more inclusive and to promote the development of authentic relationships on campus and in the community.
- Intramural Sports collaborated with Live Life Late to offer late-night Thursday league opportunities and assisted ASAP in organizing late night activities for students and providing equipment and supplies for activities ASAP organized.
- Club Sport and Intramural programs provide ongoing training and support for student staff to effectively manage negative behaviors by participants and fans at competitions.
- Challenge Course provided free training for advocacy office and offered reduced rate for offices to use course and organized an English as a Second Language Day on the Challenge Course

DIVISION GOAL 5: Partnerships with the campus in implementing Colorado State University’s Diversity Plan.

- Campus Recreation job advertisements are posted with student advocacy offices and advertised in advocacy offices newsletters to recruit minority employees.
- Campus Recreation supported a Black History Month event held in the Student Recreation Center providing facility space, equipment and student staff.
- Challenge Course initiated a collaborative project with the Pine Ridge Reservation in South Dakota to facilitate the building, and equipping a challenge course at their location and subsequently training a facilitation staff.

- For the tenth year, the Outdoor Adventure Program partnered with the Wildlands and Protected Areas Program of the Department of Natural Resource Recreation and Tourism, a program for Latino and Latina administrators throughout the U.S. and Latin America.
- Outdoor Adventure sponsored the sold-out Banff Mountain Film Festival, an international collection of films celebrating mountain culture, sport, and the environment.
- Challenge Course Program partnered with campus units to provide programming for: Environmental Learning Center on Passport to Adventure with ELC, Colorado Division of Wildlife, and EDUCO projects; Community Drug Court Program; ELC Summer Camps; Day Four for bi-weekly program experiences; Pingree Park for community Experiential Education Training; Housing for RA training; and Greek Life for training at annual summit.
- Intramural Sports provided professional staff leadership for event planning and sports programming with IFC/Black Student Services for diabetes basketball fund raising event.
- Communication continued between the Intramural Sports staff and Advocacy Offices' staff for better understand and relate to one another in addressing minority student concerns.
- Intramural Sports added activities such as Texas Hold-em Poker, Dodge Ball, Miniature Golf, Paintball and Sand Volleyball to attract new and diverse group of student participants to the program.

DIVISION GOAL 6: Technology that supports high quality and innovative communication, programs and services.

- Implemented the Thor Guard lightning detection system as a risk management feature improving safety for outdoor patrons.
- Implemented Microsoft SQL database server to support new web services and internal applications.
- Implemented data based management system to report and track facility work orders improving response time and creating efficiencies in maintenance area.
- Implemented field PDA access to database for verification of Intramural and Sport Club participant eligibility electronically.
- Implemented new web servers for Campus Recreation to allow greater flexibility for web services.
- Replaced credit card verification system providing increased security for patrons.
- Resolved VSI (database management software) demographic data distortion to provide accurate program participant information.
- Upgraded network infrastructure to Student Recreation Center improving IT reliability and staff efficiencies.
- Upgraded and/or replaced desk top computers and department servers to maintain work effectiveness and communication.
- Computerized registration, information access, and assessment of Challenge Course program.
- Researched computerized underwater detection system for pool operations.

DIVISION GOAL 7: Campus facilities that foster the student life experience.

- Challenge Course completed a remodel of high element circuit to ensure participant safety and completed construction of two new elements unique to the CSU Challenge Course.

- Challenge Course made amendments to course elements to accommodate students with developmental disabilities.
- Completed implementation of the Thor Guard lightening prediction system for outdoor safety. Campus Recreation monitors and tests the Thor Guard system for the University.
- Completed construction and landscaping of the Student Recreation Center outdoor patio.
- Completed renovation of the baseball field press box and infield base line and pitching mound, improving safety.
- Replaced Student Recreation Center pool lights, improving safety.
- Remodeled space in the Student Recreation Center into a Cycling Studio to provide new exercise options for members.
- Created designs and developed staffing plans for the second floor Intramural and Club Sports service desk, Rec Center entry, and 1st floor service desk areas to improve customer service.
- Intramural Sports continued Ram Welcome activities on outdoor facilities into the first two weeks of the fall semester to further introduce first year students to campus life opportunities.
- Initiated interior color and sign remodel project in the Rec Center to enhance facilities and improve traffic patterns.
- Added additional drop-in racquetball times at Moby Complex requested by students.
- Part-time student and student spouse memberships are offered to the Student Recreation Center.
- Additional cardio and weight equipment purchased for the Student Recreation Center to reduce wait-times for equipment and accommodate employee memberships.
- Replaced mats in the South College Mat Room used by Sport Club teams, Non-Credit Instruction Program, and Health & Exercise Science classes / programs.

DIVISION GOAL 8: Collaborative relationships with internal and external communities regarding recruitment, outreach, programming, services, and advancement efforts.

- Collaboration with the International Non-degree training office and Intensive English Office to provide access to the Recreation Center for students.
- Partnerships with local businesses such as Academy of Young Investors, CSU Disability Services, CSUPD, High Plains Arts, Star Pal, American Red Cross, and Rocky Mountain Ki-Aikido Society to offer diverse non-credit courses to university and local community participants.
- Collaborated with Hartshorn Health Services, Health Score outreach program, in providing fitness assessment and education outreach to CSU Residence Halls.
- Partnered with Friends of Traditional Dance to promote Non-Credit Instruction Program dance classes by providing insert in the FOTD newsletter.
- Provided supervision and field lining for Men's Senior Baseball League (non-profit) and the Fort Collins Foxes baseball league on the CSU baseball field.
- Partnered with Hartshorn Health Center to provide facility space for Physical Therapy plyometrics class.
- The Outdoor Adventure Program offers over 42 sections of outdoor programming to campus and local community members with over 200 participants enrolled each year creating an environment for students to mix socially with diverse individuals.

- Intramural Sports Program partners with regional universities, such as University of Wyoming, University of Northern Colorado, Colorado State University - Pueblo, and the Air Force Academy to offer CSU students a variety of competitive sports experiences.
- The Northern Colorado Girls Basketball League, Vortex Masters Swim Club, Premier Volleyball Club, Northern Colorado Girls Basketball League and City of Fort Collins recreation program utilizes the Student Recreation Center and auxiliary facilities supervised by Campus Recreation staff at Moby and South College, which promotes CSU to participants and provides employment opportunities for CSU students.
- Challenge Ropes Course staff provided team building programs for Preview staff, Freshman Orientation classes, RamFest, ASAP Family Weekend, Campus Recreation Staff, Air Force and Army ROTC, Education and Business classes, Greek Life, Natural Resources Recreation and Tourism, University Counseling Center, and 200 external community groups including the Poudre, St. Vrain, Boulder and Thompson School Districts, local churches, and businesses including Wells Fargo, Hewlett Packard, Austin's American Restaurant, Rocky Mountain Bagel Works, and national and local government agencies.
- Challenge Ropes Course Program developed partnerships with Bennett Elementary, Denver Children's Hospital, Wanderlust Rafting, All Occasions Catering, University of Wyoming Outdoor Recreation Program, and University Holiday Inn/Hilton.
- Challenge Course Program participated in community wide events such as Homecoming Parade, Tour De Fat, and Ft. Collins community Earth Day.
- Informal Recreation Program partnered with American Red Cross, City of Fort Collins, and Thompson Valley School District to teach Lifeguard Instructor class.
- Strength & Fitness Program collaborated with AFROTC to arrange physical fitness training and also Food Science and Nutrition Department to offer free nutrition seminars in the Student Recreation Center.
- Intramural professional and student staff volunteer as coaches, referees, and clinicians for the City of Fort Collins JAA youth basketball and flag football programs
- Campus Recreation partners with the City of Fort Collins Smart Trips program and the University Health Fair committee to sponsor the 3rd Annual Back to School – Bike To Campus event.
- Campus Recreation partners with the City of Fort Collins Yellow Bike program to provide free alternative transportation for staff on and near campus instead of driving cars.
- Intramural professional staff provided a sportsmanship clinic for parents of youth involved in the City of Fort Collins Recreation Department sports programs.
- Club Sports and the Ice Hockey team partnered with the City of Fort Collins & EPIC Ice Arena that provides student internship experiences and alternative late night weekend events for students, staff/faculty and community.

DIVISION GOAL 9: Maximize the use of resources and services across the Division and beyond, and seek innovative and creative ways to accessing resources.

- Partnership with University Counseling Center and Hartshorn Health Center on funding, programming, and scheduling of the Wellness Zone located in the Lory Student Center.
- First Tracks collaborated with the Offices of Admissions, Preview, and Pingree Park to provide an adventure-based freshman student orientation to 25 in-coming students.

- Challenge Course partnered with SLCE Office to perform service learning for Poudre School District 5th and 6th grade students and CSU students enrolled in RR351.
- Collaborated with Hartshorn Health Service, Nutrition Services on student programming such as Weight Loss 101, Training for Weight Loss, Training for Mass, Marathon Training, and nutrition practicum trainings, to provide more specific and consistent information to CSU students.
- Club Sports collaboration with Conflict Resolution and Student Conduct Services office and ASCSU Supreme Court on discipline hearing process.
- Campus Recreation Department and Hartshorn Health Center provide students with physical rehabilitation needs by sharing personnel, facilities, and equipment.
- Intramural professional staff assisted Greek Life and ASAP with sport related campus fundraising activities (Green & Gold Dodge Ball Tournament, Chi Omega 3 vs. 3 Soccer Tournament, and Phi Kappa Tau Dodge Ball Tournament).
- Campus Recreation collaborated with El Centro, Black Student Services, Student Service Learning, Admissions, PRIDE Weekend, Visit Day Program, and Career Education Center Tours on university exposure for prospective students.
- Strength & Fitness Program staff collaborated with University Counseling Center to provide students with clinical depression physical fitness options to facilitate recovery.
- The Strength & Fitness Assistant Director participated in the “Life Skills Series” offered through the University Counseling Center.
- Strength & Fitness participated in the Single Parent Workshop offered by Residence Life.
- Strength & Fitness partnered with Resource for Adult Learners to offer fitness counseling and seminars, and design of a brochure on the practice of fitness for non-traditional students.
- Campus Recreation participates on the Counseling Center and Hartshorn Health Center CSU Eating Disorder team to explore options for assisting students with exercise and eating disorders as well as the process of students accessing these resources.
- Campus Recreation and Hartshorn Health Center collaborate to provide supervision of Athletic Training Graduate Assistant for Sport Club Athletic Training Program services.
- Outdoor Adventure Program partnered with Ingersoll Hall’s outdoor adventure program to provide free clinics, reduced rental fees, and technical advice to student leaders.
- Informal Recreation partnered with the Office of Admissions to improve Student Ambassador training.

DIVISION GOAL 10: A campus that fosters student leadership opportunities.

- Campus Recreation created and funded a Student Development Fund for any student to request funding for a leadership opportunity.
- Outdoor Adventure Program provides wilderness medical training to OAP student staff free or at reduced cost through established relationship with the Wilderness Medical Institute.
- Outdoor Adventure Program supported CSU students with admission to the Peter Terbush Memorial Student Leadership Program at Western State College, Gunnison.
- Sport Clubs adding five new student leadership positions to the governing board, which addresses policies, procedures and Sport Club budget allocation process.
- Sport Clubs created 4 new student advisor staff positions working directly with Club Sports officers/leaders and assisting professional staff with daily operations.

- Challenge Course created 8 student leadership facilitator roles and 2 student administrative leadership positions.
- Student Recreation Center Hiring Committee comprised of 20 students conducts over 150 interviews and recommends candidates to professional staff.
- Provided opportunities for students to become certified in department leadership positions through financial support for Personal Trainers, Group Fitness Instructors, Lifeguard Training Instructors, and CPR/FA Instructors.
- Campus Recreation selected 3 student employees to participate in the Student Wellness Advisory committee.
- Campus Recreation selected 10 students to participate on the Campus Recreation Student Advisory Board.
- Sport Club Program sponsored 1 officer to attend the NIRSA Collegiate Sport Club Symposium.
- Intramural Sports sponsored 1 student to attend the NIRSA National Conference.
- Challenge Course sponsored 5 facilitators attendance at national level conferences.
- Outdoor Adventure sponsored 2 students via memorial funds to attend Level I Avalanche Certification courses.
- Campus Recreation sponsored 12 students to attend the National Intramural Recreational Sports Association Colorado/Wyoming State Conference hosted in Laramie, WY.
- Campus Recreation sponsored 2 students to attend the National Intramural Recreational Sports Association conference in Orlando, FL.

DIVISION GOAL 11: A focused Student Affairs assessment and research program.

- Strength & Fitness Program developed a qualitative tool and also conducted focus groups to assess student exercise and weight equipment needs for replacement purposes.
- A student information and satisfaction web assessment of the Student Recreation Center was conducted with the results to be used to modify programming, services, and facilities.
- Develop a qualitative tool via Student Voice to evaluate Non-Credit Instruction program instructors and classes.
- An assessment is conducted using multiple methods for each Challenge Course program to determine client experience, identify risk issues, and inform program development.
- A longitudinal study tracks retention and outcomes of freshman students who participated in the First Tracks orientation since 2002.
- Completed “Student Voice” survey of freshman, sophomore, and junior CSU students to assess outdoor adventure recreational interests, preferences, willingness to pay fees for services and corresponding amounts.
- Conducted student focus group in CNR course RR351 Wilderness Instructors Course to assess the impact of the Ram Recreation guide and the role of the OAP in providing outdoor adventure programming.
- An online assessment of Club Sports officers was conducted to determine satisfaction with the program and perceived benefits of student development opportunity.
- Intramural Sports conducted online assessments to determine student interest in new and diverse sport activities.

DIVISION GOAL 12: A comprehensive program of professional staff development, training and support that enhances the delivery of services to students and the University community.

- Department staff discussed diversity/civility focus issues at 2 department retreats to raise diversity awareness, improve student mentoring, and refine customer service.
- Department staff are encouraged and supported to attend on-campus training opportunities and professional association conferences and workshops.
- Challenge Ropes Course staff participated in a 36 hours training in facilitation, leadership, assessment, teambuilding, and experiential education practices.
- Participants from APASS, Housing and Dining Services, the local Fort Collins Community and Campus Recreation participated in a day of training with the foremost practitioner in the Experiential Education field sponsored by Campus Recreation.
- Sports Area professional staff attended teleconference on Fan Behavior.
- Intramural professional staff attended the CSU Professional Development's Troubled & Troublesome Employees training.
- Professional staff plans, hosts, and serves an appreciation barbeque for student employees to show appreciation and build teamwork during Employee Appreciation Week.

CONTINUING ISSUES OF CONCERN FOR 2005-2006

Student Recreation Center addition planning.

Campus Recreation plans for an addition to the existing facility by 2009 must be coordinated with other Division of Student Affairs and University projects requiring bonding.

Action Plan:

1. Meet with University Treasurer to plan financing options and determine implementation time line.
2. Develop facility plan with staff and students in conjunction with architectural firm.
3. Develop preliminary facility drawings and budget for proposal.

Employee memberships at the Student Recreation Center.

Implementation of employee/spouse/partner memberships to the Student Recreation Center presents facility issues addressing new policy, procedures, processes; full-time and student personnel hiring and training; and a new customer service approach.

Action Plan:

1. Create and launch marketing plan: recruit and educate new members to develop revenue stream.
2. Activate Member Service Desk operations: hire full-time employee to oversee desk operations and hire/train student staff.
3. Revise Information Technology system: retool data base management software to accommodate registration and data tracking reports for new membership base.
4. Review and revise employee training to include customer service issues unique to older membership base.
5. Assess needs of employee members and evaluate employee member satisfaction with facilities, equipment, programs, and services.

Risk Management Planning for Campus Recreation Programs and Facilities.

Campus Recreation has been struggling to review, revise, and develop risk management procedures and plans. With the death of a student in the SRC pool, there is heightened awareness of the limitations in this area. There is no specific person or plan established and while the various program areas address this aspect, there is no centralized or organized department effort.

Action Plan:

1. Contract with external recreation consultant to assess current risk status and produce report with recommendations.
2. Determine department risk management oversight responsibilities by position(s).
3. Restructure current department risk management committee to implement risk management action plan based on external consultant report / recommendations.

Outdoor Adventure Program relocation to the Student Recreation Center.

With the closing of the Outdoor Adventure Office in the Lory Student Center, the Assistant Director will be relocated and the gear rental program suspended.

Action Plan:

1. Complete physical relocation of OAP program personnel and equipment to the SRC and launch a publicity plan to the campus community regarding move and new location.
2. Assess Outdoor Adventure Program content and Assistant Director job responsibilities.
3. Develop new on-campus outreach component targeting residence halls.

Viability and continued status of Horse Polo club within the Sport Club program.

The Horse Polo Sport Club Team has been unable to stay financially stable over the last three years, requiring subsidization from department funds to remain solvent. This problem stems from the cost of horse boarding and care year-round and the ability of club members to fund-raise. This situation creates inequities within the Sport Club funding mechanisms for the 27 other clubs.

Action Plan:

1. Discuss with Equine Center personnel financial issues and responsibilities related to Polo Club horse boarding and care costs.
2. Develop plan with Equine Center personnel if club cannot meet horse boarding and care expenses.
3. Communicate options for continued club existence with members and provide financial guidance.

DIVERSITY GOALS / PLANS / OUTCOMES 2004 – 2005

NEW DIVERSITY INITIATIVES

- **Achieve Safe Zone designation at the Student Recreation Center.**

Plan: Contract with GLBT Office to conduct Safe Zone training for Campus Recreation staff.

Outcome: The Student Recreation Center was designated as a “Safe Zone” with completion of training in Summer 2004. Staff volunteers were identified and serve as contacts/resources for students. The “Safe Zone” logo is displayed at the entrance to the SRC and posted on the Campus Recreation homepage, which is linked to the GLBT website.

- **Provide access to Challenge Course facility and programming for CSU Advocacy and SLCE Office staff.**

Plan: Provide activities and skills for students and office staff to assist course facilitators determine comfort level and dialogue appropriate to minorities and office staff. Provide team building skills for SLCE staff to prepare students for disadvantaged populations on service-learning trips.

Outcome: El Centro, Women’s Studies, Black Student Services, Asian/Pacific American Student Services, and Native American Student Services provided input for Challenge Course facilitators and returned to utilize the adjusted program offering. SLCE office staff will return to the Challenge Course annually for leadership training.

- **Challenge Course partner with Denver Children’s Hospital for disability activities programming.**

Plan: Provide activities on the CSU Challenge Course twice per month for 10-18 year old disabled youth from May through November.

Outcome: Participant and partner evaluation conducted following each session. Results indicate a very successful partnership that will be continued.

- **Partner with Conference Services to provide activity programming for Turner Syndrome Conference.**

Plan: Develop and offer organized activities geared for conference attendees physical abilities.

Outcome: An assessment survey was completed by all participants at the conclusion of the conference. Results indicate the activity component of the conference was extremely successful. This group is returning to CSU in FY06 and requested to continue this component of the conference with Campus Recreation.

- **Collaborate with Health & Exercise Science on diabetes activity programming.**

Plan: Provide fitness programming/activities for youth participants of “Project Energy” offered through HES department.

Outcome: The grant funding this project was renewed for FY06 and Campus Recreation was asked to continue to provide the fitness component.

- **Collaborate with Housing to promote activities at the Student Recreation Center designed for student families, non-traditional students, and international students.**

Plan: Provide space at the SRC for Resources for Adult Learners and Housing staffs to interact with constituent to showcase of recreational activities available to students associated with these units.

Outcome: Student attendance was marginal from both units; however, those attending responded positively to the experience and appreciated the information. Event will be offered again in FY06 to determine viability of continuing it.

CONTINUING DIVERSITY INITIATIVES

- **Actively seek and hire minority and underrepresented students to deliver department programs and service areas:**

- ✓ Minority and under represented students comprise a large portion of the student workforce. Of the 247 student employees in FY05, 52% were female and 48% male, and approximately 17% of the student staff identified as a minority or underrepresented student: 4% international, 7% Hispanic, 5% African American/Black, 1% Asian, and 1 disabled student. (Goal 3)
- ✓ Post job advertisements at all student advocacy offices, student associations and the student employment office. Advocacy offices are asked to post job opportunities in newsletters. (Goal 3)

- **Offer activities/events that attract and benefit multiple cultures and ethnicities, providing opportunities for contact between majority and minority students.**

- ✓ The Informal Recreation Program offers an indoor soccer program and recreation badminton attracting international students and provides pool time for female members of the Muslim Student Association. (Goal 3)
- ✓ Intramural Sport Program offers alternative activities, such as paintball, putt-putt golf, and ski racing competitions, to provide opportunities for CSU students with interests outside mainstream individual or team sports. (Goal 3)
- ✓ The Sport Clubs Program offers sports such as underwater hockey, team handball, soccer and cricket that attract minority and international students. (Goal 3)
- ✓ The Strength & Fitness Program offers alternative programs such as Hip-Hop, fitness ballet, aquatic fitness, pilates, yoga, NIA, STRONG™ and meditation to provide opportunities to CSU students with interests outside mainstream fitness activities.
- ✓ The Instructional Program offers classes and workshops that provide skills and information about other cultures and ethnicities such as ethnic dance, disability accessible martial arts classes; and partners with campus/local businesses such as CSUPD, Karate West, Rocky Mountain Ki-Aikido Society, High Plains Arts, Star Pal, and American Red Cross to offer courses that attract a diverse clientele. (Goal 3, 4)

- **Provide access to the Student Recreation Center (SRC) and its programs/services to foster ethnic interactions and diverse alliances.**
 - ✓ Offer a “Partner Membership” for SRC members in a committed relationship. (Goal 3)
 - ✓ Collaborate with the International Non-Degree Training and Intensive English Offices to provide memberships to the SRC for international participants in the global outreach program. (Goal 3, 4)
 - Collaborate with the Upward Bound Program to provide SRC memberships and present fitness education in Upward Bound’s health presentation series. (Goal 1, 3, 4)
 - ✓ Provide space for special events for multi-cultural student groups including: African Student Association, Chinese Student Association, Hui ‘O Hawaii, Arabian Gulf Student Association, Saudi Student House, Asian American Student Association, and Japanese Student Association. (Goal 3, 4)

- **Support campus and local community diversity and civility initiatives fiscally, with personnel, or equipment:**
 - ✓ Offer a free Women’s Safety Class to the campus and local community. (Goal 3)
 - ✓ Partner with Campus Police to extend the safety training through the Woman’s Safety Class to a more lengthy R.A.D.: Women’s Self-Defense Class (R.A.D. = Rape Aggression Defense). (Goal 3, 4)
 - ✓ Provide equipment and personnel support to Partners for Youth annual events. (Goal 4)
 - ✓ Student and full-time staff participate in or Campus Recreation financially sponsor events promoting diversity and civility including: Cans around the Oval, Black History Month, Housing & Food Service Multi-Cultural CREATE Program, Adopt-A-Family, Visit Days, Preview and Next Tracks, Pride Weekend, RamFest, Health Fair, CSU Leadership Dinner, Hispanic Leadership Dinner, Disability Awareness Days, Ram Welcome, Student Affairs Day, The Great Sofa Roundup, Practice Safe 86 Fair, Stomp, Romp and Wag Event.. (Goal 1, 3, 4)
 - ✓ Provide financial, personnel, and equipment support for the annual Cinco Cinco community event. (Goal 4)

CAMPUS RECREATION RECOGNITION

- **STAFF**
 - Karri Smith, Associate Director, Lari Bangert, Associate Director and Sandra Gordon, Information Technology student web master, received the Creative Excellence Award in the Media – Audio Visual category at the NIRSA National Conference for the CSU Campus Recreation Flash Presentation.
 - Keith Griffin, Assistant Director – Intramurals was named Coach of the Year by the Junior NBA/WNBA.
 - Loretta Capra, Senior Associate Director, serves on the faculty of the National Intramural Recreational Sport Association (NIRSA) School of Recreation Management and serves as vice-chair of the NIRSA Foundation Board of Directors.

- Kevin May, Informal Recreation Assistant Director, serves as the Colorado/Wyoming State Director for Region V of the National Intramural Recreational Sport Association (NIRSA) and was nominated for Region 5 Vice President.
 - Lance Freeman, Senior Associate Director, serves as City of Fort Collins Parks and Recreation Board president.
 - Tamar Cline, Strength & Fitness Assistant Director, serves as co-chair for The College Task Force of the Colorado Physical Activity and Nutrition Coalition.
 - Lari Bangert serves on the American Red Cross Centennial Chapter Aquatic Committee.
 - Aaron Harris, Sports Coordinator, serves on the National Intramural Recreational Sports Association Softball and Intramural committees and is involved with Phi Kappa Tau fraternity on the Board of Governors, Housing Corporation and serves as an advisor.
 - Kevin May collaborated with CSU Human Resources training department to present student employee workshops on campus numerous times throughout the academic year.
 - Libby D'Aquila was selected to present a learning outcomes seminar at the CSU Student Affairs Professional Development and for Enrollment Services staff.
 - Loretta Capra presented at the Annual NIRSA Conference in April 2005.
 - Karri Smith, Associate Director- Sport Programs and Trineice Durst, Assistant Director – Club Sports presented at the NIRSA Collegiate Sport Club Symposium in June 2005.
- **CLUB SPORTS**
 - CSU Club Baseball Team won the Rocky Mountain Conference title and went on to be crowned national champions by the National Collegiate Club Baseball.
 - CSU Men's Soccer Club finished 1st in the Rocky Mountain Conference.
 - Women's Lacrosse hosted and finished 1st in the Rocky Mountain Women's Lacrosse Regional Championships, which was televised on CSTV.
 - Logging Sports competed in the National Conclave with 4 CSU men and 2 women finishing in the top 10 of various competitions. ESPN-U televised the event.
 - Men's Ultimate finished 1st at the Hide Tide Tournament in Savannah, GA.
 - CSU Triathlon club was awarded the 2005 team sportsmanship title at the Triathlon Collegiate Nationals competition.
 - Alpine Ski Team's President, Johnny May, was named to the All American National Team.
 - Eight Men's Lacrosse team members received All-Conference and All-American Accolades and three First Team All-Americans.
 - CSU Cycling Club began offering collegiate cycling scholarships in the fall of 2005, awarding two \$500 student scholarships.