

**Division of Student Affairs
Recreational Sports Department
Annual Report FY2002-2003**

The Recreational Sports department is committed to providing quality programs, facilities, and services that promote a sense of community, support student development through leadership and employment opportunities, and encourage the pursuit of a healthy lifestyle to a diverse student population. During the 2002-2003 academic year, Recreational Sports staff continued the organizational analysis and review begun the previous year, focusing on development and implementation of program and personnel changes designed to improve communication and program/service delivery.

RECREATIONAL SPORTS ACCOMPLISHMENTS

- ◆ Quality programs and services that promote student access, learning, personal development, and retention
 - ✓ The Outdoor Adventure Program offers over 50 sections of outdoor programming students, staff, faculty and local community members with over 330 participants enrolled each semester.
 - ✓ Outdoor Adventure Program sponsored the 11th annual Banff Mountain Film Festival
 - ✓ Annually, 400 – 500 outdoor rental contracts are made, providing students with quality equipment at low prices.
 - ✓ The Challenge Ropes Course provided programs to 1,155 members of the CSU students, faculty, and staff
 - ✓ The Strength & Fitness Program offers over 30 hours of free drop-in classes/week to students.
 - ✓ The Instructional Program offers up to 80 sections of classes each semester in 6 different campus locations daily with approximately 700 participants, of which 75% are CSU students.
 - ✓ The Club Sports Program has 31 clubs with approximately 1,200 CSU student members who play for an estimated 20,000 fans annually.
 - ✓ The Intramural Program offers 39 different activities on 2 campus locations and off-campus sites for approximately 9,000 student participants annually.
 - ✓ The Outdoor Adventure Program offers 20 different types of adventure based activities with an average of 50 sections per year drawing up to 1,000 participants annually.
 - ✓ The outdoor rental shop houses over 350 items to approximately 700 users annually.
 - ✓ The 14 student Challenge Ropes Course facilitators provided four different length and type of course offerings to slightly over 3,000 participants annually.
 - ✓ Strength & Fitness Personal Training program provided free health assessments to on-campus students to promote health and fitness awareness.
 - ✓ Strength & Fitness Program sponsored a special Halloween exercise event “Thriller” for 200 student participants.
 - ✓ The City of Ft Collins expanded its recreation program at the Student Recreation Center and the Moby auxiliary facilities, which provided more employment opportunities for CSU students.

- ◆ Partnerships with Academic Affairs and other University departments and programs in the development of learning environments and student recruitment and retention initiatives
 - ✓ Partner with Health and Exercise Science Department providing undergraduate practicum and internships, and graduate assistantships.
 - ✓ Strength & Fitness Program provided group fitness instructional training to incoming Health and Exercise Science Graduate Teaching Assistants.
 - ✓ Outdoor Adventure Program partners with the Division of Educational Outreach and Department of Natural Resource Recreation and Tourism to offer RR350 and RR351.
 - ✓ Successful implementation of the pilot program “First Tracks Adventure-Based Freshmen Orientation” in cooperation with the Admissions office, Preview, and Pingree Park.

- ✓ Collaboration with CSUPD and Fort Collins PD to offer RAD Self Defense Class for female students and community members to heighten awareness and educate class members about safety issues at CSU and in Ft Collins.
 - ✓ Collaboration with the Office of Service Learning and Volunteer Programs and the Challenge Ropes Course to perform service learning on the ropes course between Poudre School District 5th grade students and CSU students enrolled in RR351.
 - ✓ Partnered with El Centro, Black Student Services, Student Service Learning and Admissions, PRIDE Weekend, Visit Day Program, Career Education Center Tours and on university exposure for prospective students.
 - ✓ Partnered with Office of Admissions for Student Ambassador training.
 - ✓ Collaborated with Office of Conference Services, Athletics, and HES for mitigation of summer field needs due to drought.
- ◆ **Student focused service delivery in a seamless manner**
- ✓ Adopted an alternative entrance option with picture verification station for students without ID card.
 - ✓ Extended indoor soccer program in response to field closures due to the drought.
 - ✓ Adjusted field scheduling to accommodate drought restrictions.
- ◆ **A civil campus community**
- ✓ Club Sport team members participated in Poudre School District reading activities and student award program.
 - ✓ Intramural Sports and Club Sports offered late-night alternative programming Thursday - Saturday throughout out the academic year.
 - ✓ Club Sport and Intramural program student staff trained and implemented sportsmanship tools to curb negative behaviors by participants and fans at competitions.
 - ✓ Glenn Deguzman, Assistant Director of the Campus Activities Center, Randy McCrillis, Director of GLBT Student Services Office, and Jimi Karam, Apartment Life, assisted Informal Recreation staff training with a presentation on student diversity, sensitivity and. Over 100 student employees and 6 professional staff members attended.
 - ✓ Student staff participated in Cans Around the Oval raising 4,165 lbs of food to benefit Food Bank of Larimer County. Campus Recreation placed 2nd overall for the university, 1st for department participation, and 1st overall in CANstruction event.
 - ✓ Department student staff organized “Adopt a Family” event for the 4th consecutive year collecting nearly \$350 in cash and donations and \$200 in “wish list gifts” from students and staff to provide, dinner, gifts and gift certificates for family of 2 children and their single mother.
- ◆ **Partnerships with the campus in implementing Colorado State University’s Diversity Plan**
- ✓ Established regular communication between the Intramural Sports Program and Student Affairs Advocacy Offices’ staff to better understand and relate to one another in addressing minority student concerns and promote employment opportunities.
 - ✓ Posted job advertisements with student advocacy offices and advertised in advocacy offices newsletters to recruit minority employees.
 - ✓ For the eighth year, the Outdoor Adventure Program continued its relationship with the Wildlands and Protected Areas Program of the Department of Natural Resource Recreation and Tourism, a program for Latino and Latina administrators throughout the U.S. and Latin America.

- ◆ **Technology that supports high quality communication, programs and services**
 - ✓ Improved department web site to meet ADA requirements, enhance navigation for users, and provide staff ability to easily update information.
 - ✓ Purchased and implemented software that computerizes program services reservations reducing staff time and eliminating scheduling error.
 - ✓ Purchased and implemented software that performs computer audits for help desk operations improving response time decreasing down time for staff.
 - ✓ Developed and implemented a 10 year depreciation/replacement schedule of computer equipment enhancing planning and budgeting.
 - ✓ Investigation of web-based software for Intramural Sports, Outdoor Adventure, and Instructional program registration to facilitate staff and participants.
 - ✓ Developed a Powerpoint presentation to showcase Recreational Sports for Preview, Visit Day sessions, Next Step and other recruiting opportunities
 - ✓ Added electronic ability on computer system at Moby and South College for equipment checkout.
 - ✓ Staff computer training on Dreamweaver and Web basics to maintain department web site.
 - ✓ Programmable monitoring of building HVAC via Medsys Systems implemented.

- ◆ **Campus facilities that foster the student life experience**
 - ✓ Completed facility audit with an FCI of 85.01, an excellent rating.
 - ✓ Installed water saving shower heads in locker rooms saving almost 2,000,000 gallons of water for approximately \$10,000.
 - ✓ Installed 2 multi-functional wheel-chair accessible fitness equipment.
 - ✓ The Student Rec Center is open 101 hours weekly, with nearly 400,000 user visits annually composed of 52% male and 48% female.
 - ✓ 238 part-time student and spouse passes to the Rec Center have been issued since July 2002.
 - ✓ Completed \$382,000 cardio and weight equipment replacement in the Rec Center.
 - ✓ Replacement and upgrade of cooling coils in Student Rec Center Roof Top unit.
 - ✓ Renovation of area and installation of new boxing/martial arts equipment.
 - ✓ Remodel of 2 Ricochet court areas into multi-use exercise spaces.
 - ✓ Design phase of 2nd floor lounge improvements completed.
 - ✓ Remodel of Main Office to increase work efficiency and space utilization.
 - ✓ Remodel of office spaces and conversion into a conference room on 2nd floor.
 - ✓ Relocation, design and construction of new Ropes Course, estimated cost \$180,000.
 - ✓ Design phase of new patio/plaza area completed

- ◆ **Collaborative relationships with internal and external communities**
 - ✓ Established relationship and signed contract with University of Northern Colorado's Recreation Department chair to support practicum student experiences at the CSU Student Rec Center.
 - ✓ Collaborate with the International Non-degree training office and Intensive English Office providing access to the Recreation Center.
 - ✓ Challenge Ropes Course staff provided team building programs for Preview staff, Freshman Orientation classes, RamFest, ASAP Family Weekend, Recreational Sports Staff, Air Force and Army ROTC, Education and Business classes and over 100 external community groups including the Poudre and Thompson School Districts, local churches, and businesses.
 - ✓ Intramural Sports Program offers CSU students a variety of competitive sports experiences with regional universities, such as University of Wyoming, University of Northern Colorado, University of Southern Colorado, and the Air Force Academy.

- ✓ Financial, personnel, and equipment support provided for the annual Cinco Cinco run.
- ✓ Equipment and personnel support to Partners for Youth and Special Olympics organizations.
- ✓ Partnerships with local businesses such as Greyrock Pottery, Remax Realty, Academy of Young Investors, CSU Disability Services, CSUPD, Karate West, High Plains Arts, Star Pal, St. Peters Fly Shop, American Red Cross, Rocky Mountain Ki-Aikido Society and Southridge Golf Course to offer diverse non-credit courses to university and local community participants.
- ✓ Partnered with American Red Cross, City of Fort Collins, and Thompson Valley School District to teach Lifeguard Instructor class.
- ✓ Participated with City of Fort Collins and American Red Cross in American Red Cross Aquatic Committee proposal to host National Training in "Aquatic Examiner Services Administrator Training and Lifeguard Management Primer. The local host site, EPIC Center, was selected the ARC National Office.

◆ **Collaboration that maximizes the use of resources and services across the Division**

- ✓ Recreational Sport staff participated in the recordings of "KCSU Wellness bites", a Wellness Cluster collaboration.
- ✓ Recreational Sports Department and Hartshorn Health Center provide students with physical rehabilitation needs and athletic by sharing personnel, facilities, and equipment.
- ✓ Strength & Fitness Program collaboration with University Counseling Center to provide students with clinical depression physical fitness options and instruction to facilitate recovery.
- ✓ Worked collaboratively with Lory Student Center program offices and Off-Campus Student Services to transition and maintain success in offering instructional classes on campus. The First Time Home Buyers class and the Live Life Late program and Friends of Traditional Dance annual balls will continue due to this effort.
- ✓ The Strength & Fitness Coordinator participate in the "Life Skills Series" offered by the University Counseling Center and presented a revised edition to two student organizations, Student Organization of Computing Machinery and International House.

◆ **A campus that fosters student leadership opportunities**

- ✓ Sponsored 7 students to attend the Colorado/Wyoming State NIRSA conference and 2 students to attend the National NIRSA conference.
- ✓ The Non-Credit Instructional Program Coordinator developed student evening program coordinator and supervisor leadership positions, hiring 5 students to fill these positions.
- ✓ Club Sport and Intramural Sport programs combined student coordinator meetings to improve communication and share job experiences resulting in enhance service delivery to participants.
- ✓ Formed a student selection committee to assist with 180 interviews and selection of Student Rec Center student staff.
- ✓ Restructured main office student staffing positions to improve services and provide a venue for student employees to learn and develop communication/leadership skills and qualities.
- ✓ Provided opportunities for students to become certified in department leadership positions such as Personal Trainers, Group Fitness Instructors, Lifeguard Training Instructors, and CPR/FA Instructors.

- ◆ **A focused Student Affairs assessment and research program**
 - ✓ Completed the Division Department Program Review, including an External Review.
 - ✓ A qualitative tool was used to evaluate Non-credit Instructional programs and instructors with summary reports reported in the staff newsletter.
 - ✓ In conjunction with the Department Program Review, a department staff assessment and a peer institution survey was completed providing information for comparison and planning.

- ◆ **A comprehensive program of professional staff development, training and support that enhances the delivery of services to students and the University community.**
 - ✓ Challenge Ropes Course staff underwent sensitivity training to facilitate specific populations such as community Working with At-Risk Youth.
 - ✓ A diversity/civility component of student employee training was developed and implemented.
 - ✓ The Club Sports Coordinators established the YPSE award, Your Phenomenal Special Effort, to recognize outstanding student achievement, work and effort.
 - ✓ Club sports coordinators developed a “tiered” system for assisting student club officers that that will result in more effective advising, particularly for those clubs with a greater need.
 - ✓ Bi-weekly program meetings increase communication and collaboration between program coordinators and areas improving collaboration within the department and improving service to students.
 - ✓ Professional speaker contracted for full-time and student staff in-service on communication, team work, perception and life skills.
 - ✓ Full-time staff hosted Student Employee Appreciation Breakfast at mid-year.
 - ✓ Department supported Student Employee Appreciation Week by providing a meal to student employees on 4 consecutive days.
 - ✓ Held student staff training at the ropes course to encourage development in communication, trust, diversity and team work
 - ✓ Lari Bangert and Kevin May, Informal Recreation Coordinators, and Loretta Capra, Association Director, graduated from 2003 National Intramural Recreation Sport Association Executive Institute.
 - ✓ Judy Muenchow, Director, and Lance Freeman, Associate Director attended the NIRSA Facilities Symposium and the NACAS GreenDesign workshop.

RECREATIONAL SPORTS ISSUES OF CONCERN / ACTION PLANS

- ◆ Implementation of the Recreational Sports department reorganization.
- ◆ Investigation of opportunities to increase revenues to off-set budget reductions, including viability of employee memberships at the Student Recreation Center.
- ◆ Development department assessment plan and tools to comply with University and Division directives.
- ◆ Development of a comprehensive department risk management plan.
- ◆ Review and revise student employment hiring process, job classifications, job descriptions, and pay scales.
- ◆ Lory Student Center/Transit Center construction impact on the Outdoor Adventure Program.
- ◆ Full-time and student staff training on Department software, RecTrac, to fully utilize features and maximize data reports.
- ◆ U.S. Forest Service blockage of special use permit for access to Federal lands impacts Outdoor Adventure educational and recreational programs and services.
Action Plan: Work with CSU Contracts Manager to resolve the issue as soon as possible.

RECREATIONAL SPORTS ISSUES OF CONCERN / ACTION PLANS (cont)

Computer security has become a critical need due to a breach that disabled department servers.

Action Plan:

1. Partner with ACNS to identify all possible university security options available.
2. Purchase security equipment and software not available through ACNS.

- ◆ Mitigate impact of drought restrictions on fields on student programming. The drought closed six of twelve fields to Club and Intramural Sport programming and drop-in recreation by CSU students.

Action Plan:

1. Eliminate 1 of 2 men's club soccer teams to eliminate redundancy in costs and field use.
2. Program coordinators will evaluate needs and develop a field rotation plan offering reduced activities on field space to preserve available turf.
3. Utilize indoor or non-turf sites for skill practices in place of some field practices.
4. The only cricket field is closed, impacting one club with majority membership comprised of international students. Explore use of PSD cricket field space for the Cricket Club.
5. Request limited use of the closed cricket field due to the extremely low impact on the turf by this sport.

- ◆ **Declining sportsmanship behaviors exhibited by participants in Intramural Sports, Club Sports, and in the Student Rec Center.**

Action Plan:

1. Train employees to be pre-emptive while supervising activities and events.
2. Increase supervision at high profile Club Sport and Intramural competitions.
3. Continue to use intervention with disruptive participants using department facilities.

- ◆ **Completion of the new Challenge Ropes Course and first year operation issues.**

Action Plan:

1. Work with Facilities Management to finalize construction project as soon as possible
2. Provide extensive technical training to staff facilitators to ensure competent and safe programming.
3. Begin programming with a limited number of groups per week initially and gradually increase the number of groups per week in conjunction with limiting client program options until an appropriate curriculum is established.
4. Market the new course to new and old clients within the university and the region.
5. Offer free teambuilding workshops in the classroom to increase program exposure.

RECREATIONAL SPORTS DIVERSITY INITIATIVES

- ◆ Actively seek and hire minority and under represented students as part of the large workforce necessary to deliver programs and services. Of the approximately 300 student employees employed in various department programs, 59% are female and approximately 14% of the student staff is identified as a minority or underrepresented student as follows: 5% international, 5% Hispanic, 3% African American/Black, .5% Asian, and .5% disabled students.
- ◆ Offer a "Domestic Partnership Membership" for students in a committed relationship.
- ◆ Challenge Ropes Course program provided team building, resources, staff trainings and leadership development workshops for student advocacy offices and student organizations including BSS, APASS, ASAP, Residence Life, Upward Bound program participants, and CSU Talent Search program participants.
- ◆ Intramural Sport Program offers alternative activities, such as paintball, putt-putt golf, and ski racing competitions, to provide students with interests outside mainstream individual or team sports opportunities.

RECREATIONAL SPORTS DIVERSITY INITIATIVES (cont)

- ◆ The Informal Recreation offers programs targeting international student interests such as the Indoor Soccer program that attracts approximately 25-50 international students weekly. Drop in badminton is also offered weekly, including during family hours
- ◆ Informal Recreation arranges supervision and facilitates special events for multi-cultural student groups such as: African Student Association, Chinese Student Association, Hui 'O Hawaii, Chinese Student Association, Arabian Gulf Student Association, Saudi Student House, Asian American Student Association and Japanese Student Association. Approximately 300 students take part in these programs.
- ◆ The Instructional Program offers classes and workshops that attract, benefit, or provide information about other cultures and ethnicities such as ethnic dance, sign language, disability accessible martial arts classes and Women's Safety Class.
- ◆ The Club Sports Program offers international sports such as soccer and cricket that attract minority and international students.
- ◆ The Outdoor Adventure Program offers women-only outdoor adventure activities.
- ◆ Department student and full-time staff participate in or financially sponsor University events promoting diversity and civility including: Cans around the Oval, Black History Month, Housing & Food Service Multi-Cultural CREATE Program, Adopt-A-Family, Pride Weekend, Health Fair, CSU Leadership Dinner, and Hispanic Leadership Dinner.

RECREATIONAL SPORTS RECOGNITION

- ◆ Loretta Capra, Associate Director, serves on the faculty of the National Intramural Recreational Sports Association (NIRSA) School of Recreational Sports Management and appointed to Student Affairs Assessment and Research Steering Committee
- ◆ Kevin May, Informal Recreation Coordinator, serves as the Colorado/Wyoming State Director for Region V of the National Intramural Recreational Sports Association (NIRSA).
- ◆ Karolyn Smith, Club Sport Coordinator presented on the portrayal of female athletes in print media at the Colorado/Wyoming State NIRSA conference and CSU Greek Life training day on Title IX.
- ◆ Lance Freeman, Associate Director, serves as City of Fort Collins Parks and Recreation Board president.
- ◆ Outdoor Adventure Coordinator Rodney Ley received the Denali Pro 2002 recognition medal from the National Park Service for his assistance in a rescue at 19,000 feet on Mount McKinley.
- ◆ Ropes Course facilitator Michael Gould earned his Ph.D. in Education and Human Resource Studies with an interdisciplinary emphasis in Education, Natural Resource, Recreation and Tourism.
- ◆ Aaron Harris, Intramural Sports student coordinator, was elected as the NIRSA student representative for Colorado/Wyoming at the state NIRSA conference and was also selected to the NIRSA softball committee at the National NIRSA conference.
- ◆ The Men's Polo Club finished the season ranked 2nd nationally in the United States Polo Association.
- ◆ The Women's Polo Club finished the season ranked 2nd nationally in the United States Polo Association.